



The International Federation of Head and Neck Oncologic Societies

Current Concepts in Head and Neck Surgery and Oncology 2018



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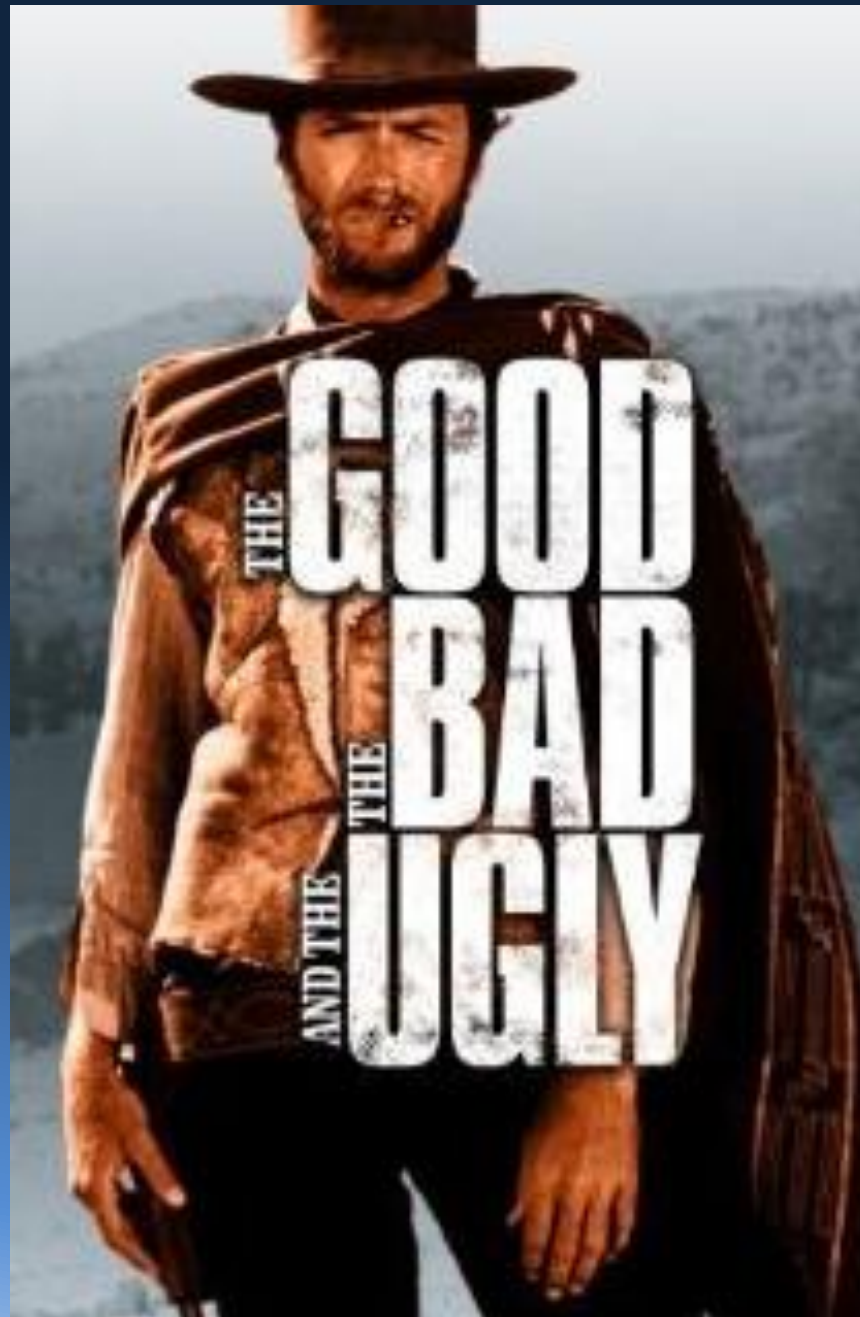
Oropharyngeal carcinoma: management paradigms in the era of HPV

Hisham Mehanna

Professor of Head and Neck Surgery
Director

Institute of Head and Neck Studies and Education
University of Birmingham





Squamous Cell Carcinoma of the Oropharynx

Surgery, Radiation Therapy, or Both

Cancer 2002;94:2967-80.

James T. Parsons, M.D.¹
William M. Mendenhall, M.D.²
Scott P. Stringer, M.D.³
Robert J. Amdur, M.D.²
Russell W. Hinerman, M.D.²
Douglas B. Villaret, M.D.³
Giselle J. Moore-Higgs, M.S.N.²
Bruce D. Greene, M.D.¹
Tod W. Speer, M.D.¹
Nicholas J. Cassisi, D.D.S., M.D.³
Rodney R. Million, M.D.²

BACKGROUND. The treatment of patients with squamous cell carcinoma (SCC) of the oropharynx remains controversial. No randomized trial has addressed adequately the question of whether surgery (S), radiation therapy (RT), or combined treatment is most effective.

METHODS. Treatment results from North American academic institutions that used S with or without adjuvant RT (S ± RT) or used RT alone or followed by neck dissection (RT ± ND) for patients with SCC of the tonsillar region or the base of tongue were compiled through a MEDLINE search (from 1970 to August, 2000) and from the references cited in each report. Studies were eligible for inclusion if they contained direct, actuarial (life-table), or Kaplan-Meier calculations for the following end points: local control, local-regional control, 5-year absolute survival, 5-year cause-specific survival, or severe or fatal treatment complications. Weighted aver-

Base of tongue
ND:

S +/- RT vs

RT +/-

OS	49 %	52%
Severe complications	32%	3.8%
Fatal complications	3.5%	0.4%

Final Results of the 94-01 French Head and Neck
Oncology and Radiotherapy Group Randomized Trial
Comparing Radiotherapy Alone With Concomitant
Radiochemotherapy in Advanced-Stage Oropharynx
Carcinoma

Fabrice Denis, Pascal Garaud, Etienne Bardet, Marc Alfonsi, Christian Sire, Thierry Germain,
Philippe Bergerot, Beatrix Rhein, Jacques Tortochaux, and Gilles Calais

N=226

5 yr OS: 22.4% vs 15.8%

(p=.05)

5 yr LRC : 47.6% vs 24.7%

(p=0.002)

NOT
HPV+!!

CRT
pronounced
standard of
care

Speech and voice outcomes in oropharyngeal cancer and
evaluation of the University of Washington Quality of Life
speech domain

Thomas, L.,* Jones, T.M.,† Tandon, S.,‡ Carding, P.,§ Lowe, D.¶ & Rogers, S.**

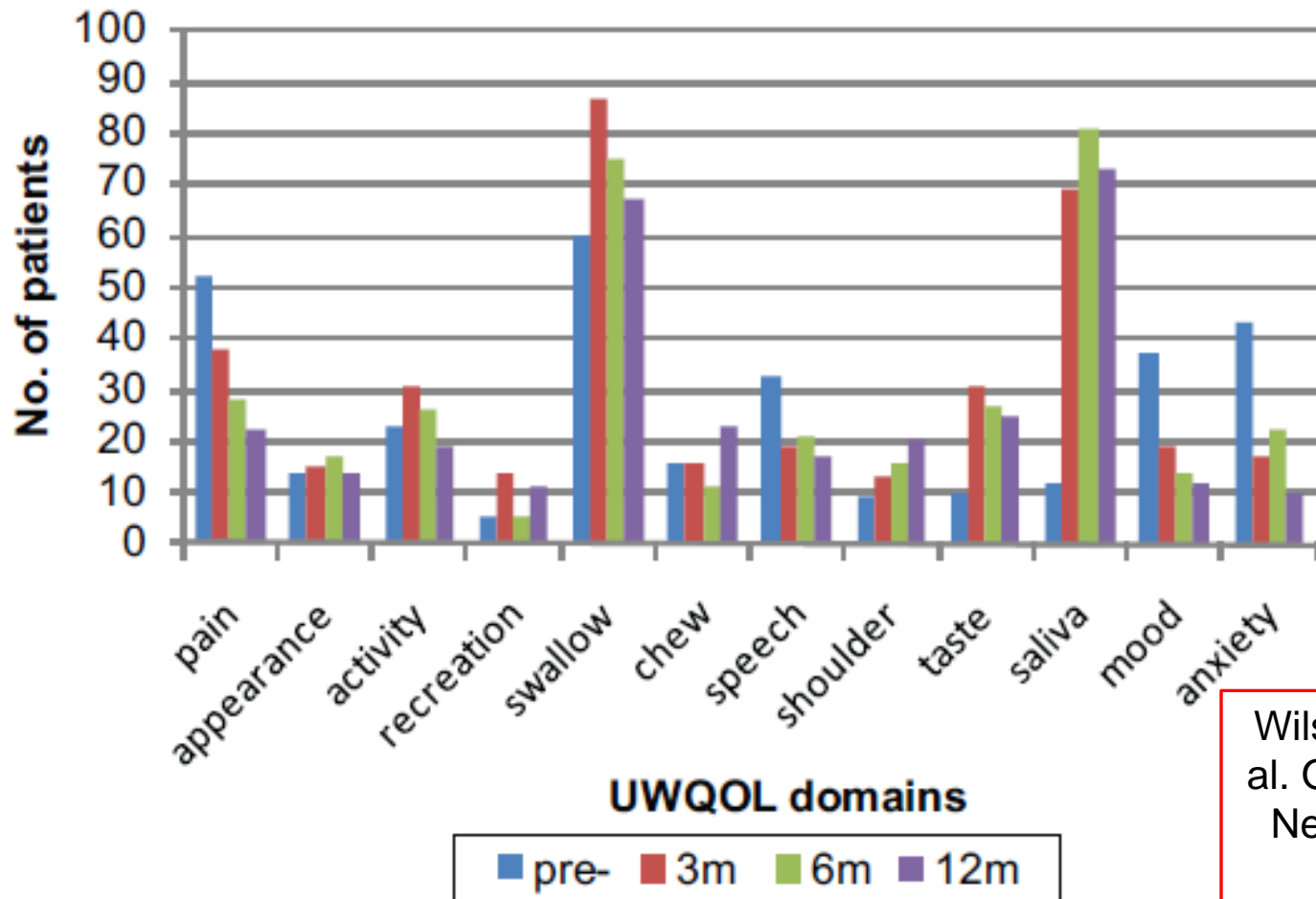
*Alderhey Hospital, Liverpool, †School of Cancer Studies, University of Liverpool, Liverpool, UK, ‡Mersey Deanery,
Liverpool, §Department of Speech, Voice and Swallowing, Otolaryngology, Freeman Hospital, Newcastle-upon-
Tyne, ¶Regional Maxillofacial Unit, University Hospital Aintree, Liverpool, and **Regional Maxillofacial Unit,
University Hospital Aintree, and Faculty of Health, Edge Hill University, Liverpool, UK

Accepted for publication 17 September 2008

Clin. Otolaryngol. 2009, 34, 34–42

The functional rationale

Patient priorities after CRT



Wilson JA et al. Otol Head Neck Surg 2011



Contents lists available at ScienceDirect

Radiotherapy and Oncology

journal homepage: www.thegreenjournal.com



Swallowing dysfunction

A predictive model for swallowing dysfunction after curative radiotherapy in head and neck cancer

Johannes A. Langendijk^{a,b,*}, Patricia Doornaert^a, Derek H.F. Rietveld^a, Irma M. Verdonck-de Leeuw^c, C. René Leemans^c, Ben J. Slotman^a

^a Department of Radiation Oncology, VU University Medical Center, Amsterdam, The Netherlands

^b Department of Radiation Oncology, University Medical Center Groningen, The Netherlands

^c Department of Otolaryngology/Head and Neck Surgery, VU University Medical Center, Amsterdam, The Netherlands

N=594

Prospective dataset

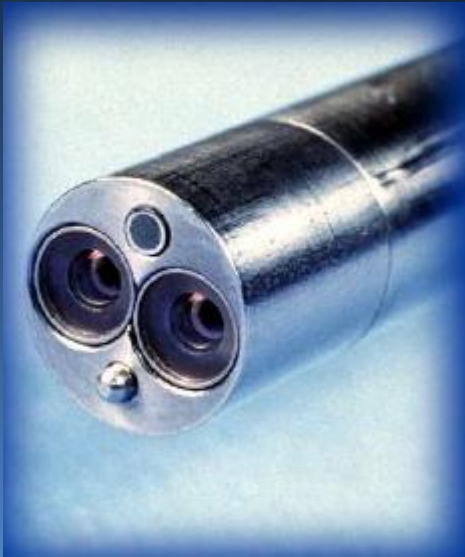
Bilateral neck irradiation, accelerated radiotherapy and concomitant chemoradiation are independent prognostic factors of poor swallow

Changing world and
changing treatment
modalities

Surgery has moved on.....

- New function preserving surgical approaches
 - Transoral Laser Microsurgery
 - Transoral Robotic Surgery
- Greater expertise in free flap reconstruction
- Reduced postoperative morbidity & mortality

Da Vinci System



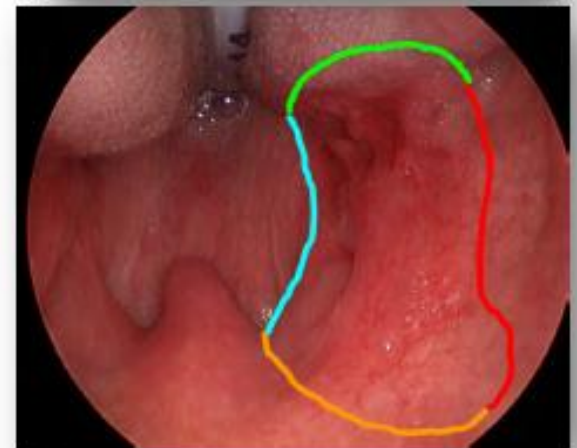
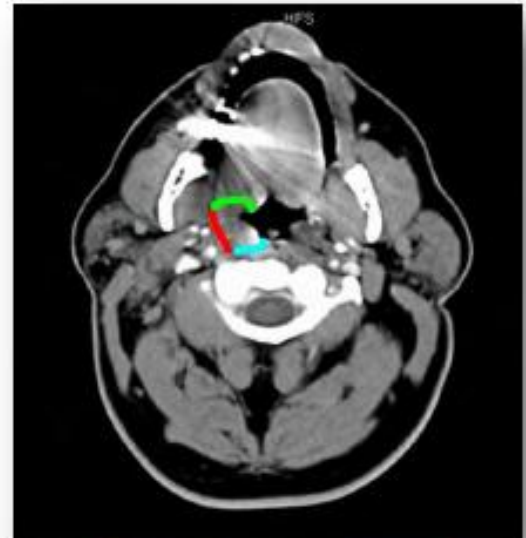
- Superior 3-D image
- Stereoscopic design with two 3 chip cameras
- 75% better resolution than any imaging system





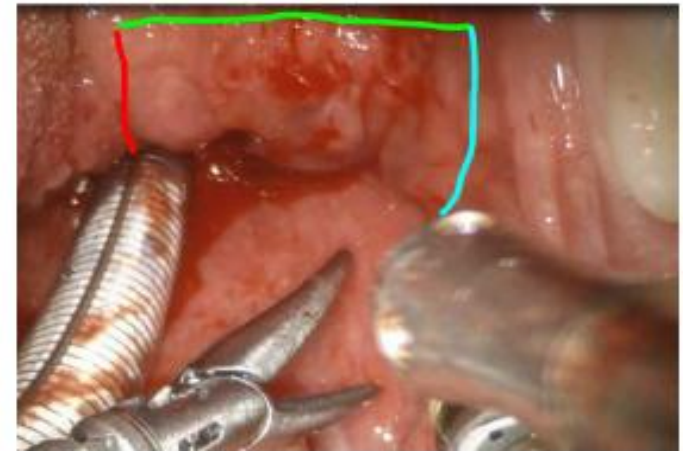
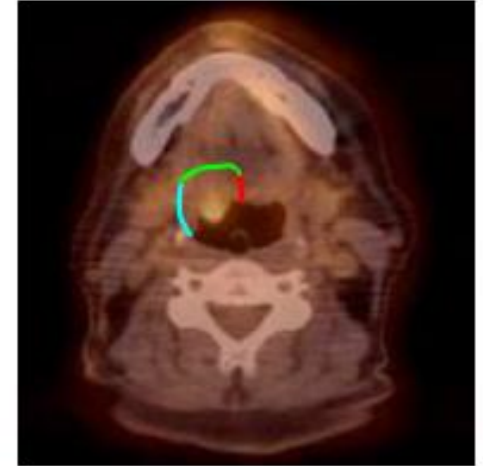
Standardization of TORS Radical Tonsillectomy

- **Superiorly** – portion of soft palate
- **Inferiorly** – portion of the tongue base between tonsillar pillars
- **Posteriorly**
 - Superficial – posterior pharyngeal wall mucosa adjacent to posterior tonsillar pillar
 - Deep – Constrictor muscles over prevertebral fascia
- **Laterally**
 - Superficial – mucosa of the anterior tonsillar pillar and over pterygomandibular raphe
 - Deep – Constrictor muscles over parapharyngeal fat pad



Standardization of TORS Tongue Base Hemiglossectomy

- **Midline**
 - Superficial – Midline tongue base mucosa
 - Deep - deep tongue musculature to level of hyoid region
- **Anteriorly**
 - Superficial – circumvallate papillae
 - Deep - deep tongue musculature to level of hyoid region
- **Inferiorly**
 - Superficial - vallecular mucosa
 - Deep - hyoepiglottic ligament
- **Laterally**
 - Superficial – mid tonsillar level mucosa /tonsil
 - Deep – constrictor muscles



TORS / TLM Outcomes

Received: 24 March 2017 | Revised: 18 August 2017 | Accepted: 16 November 2017
DOI: 10.1002/hed.25055

ORIGINAL ARTICLE

WILEY

Transoral robotic surgery for oropharyngeal carcinoma: Surgical margins and oncologic outcomes

Eric J. Moore MD¹ | Kathryn M. Van Abel MD¹ | Daniel L. Price MD¹ |
Christine M. Lohse MS² | Kerry D. Olsen MD¹ | Ryan S. Jackson MD³ |
Eliot J. Martin PA-C¹

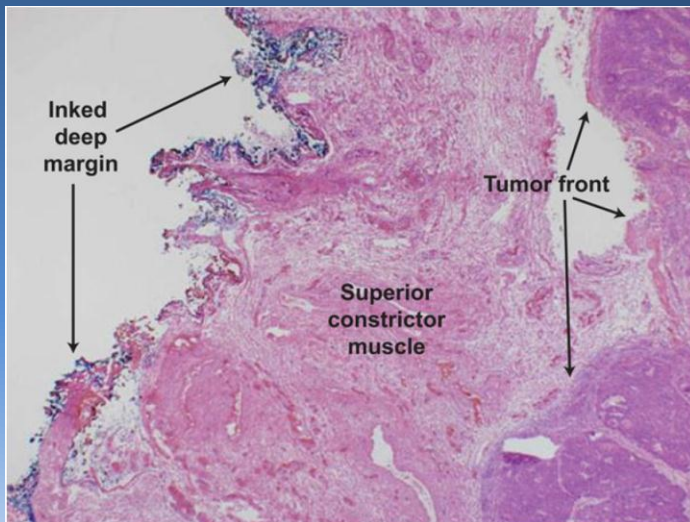
N=314

No adjuvant RT for close, but negative margins

Adjuvant RT for N2b/N2c/N3, positive margins

Adjuvant CRT for ECS

3-year local control rate: 98%



The Laryngoscope
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Rhinological and Otological Society, Inc.

Margin Mapping in Transoral Surgery for Head and Neck Cancer

Michael L. Hinni, MD; Matthew A. Zarka, MD; Joseph M. Hoxworth, MD

N=128

Average margin distance: 1.98 mm

Zero-tolerance for disease positive bed

5 year local control rate: 99%

Oncologic outcomes



ORIGINAL ARTICLE

Long-term Functional and Oncologic Results of Transoral Robotic Surgery for Oropharyngeal Squamous Cell Carcinoma

Eric J. Moore, MD; Steven M. Olsen, MD; Rebecca R. Laborde, PhD; Joaquín J. García, MD; Francis J. Walsh, BA; Daniel L. Price, MD; Jeffrey R. Janus, MD; Jan L. Kasperbauer, MD; and Kerry D. Olsen, MD



Critical Review

Critical Review: Transoral Laser Microsurgery and Robotic-Assisted Surgery for Oropharynx Cancer Including Human Papillomavirus–Related Cancer

Eric J. Moore, MD,* and Michael L. Hinni, MD†

*Otolaryngology/Head and Neck Surgery, Mayo Clinic, Rochester, Minnesota; and †Otolaryngology/Head and Neck Surgery, Mayo Clinic, Scottsdale, Arizona

International Journal of
Radiation Oncology
biology • physics

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TRIOLOGICAL SOCIETY
CANDIDATE THESIS

Prognostic Factors and Survival Unique to Surgically Treated p16+ Oropharyngeal Cancer

Bruce H. Haughey, MBChB, FRACS, FACS; Parul Sinha, MBBS, MS

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ORIGINAL ARTICLE

Transoral Robotic Surgery for Advanced Oropharyngeal Carcinoma

Gregory S. Weinstein, MD; Bert W. O'Malley Jr, MD; Marc A. Cohen, MD; Harry Quon, MD

The Laryngoscope
Lippincott Williams & Wilkins, Inc.
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Rhinological and Otolological Society, Inc.

Carcinoma of the Tongue Base Treated by Transoral Laser Microsurgery, Part Two: Persistent, Recurrent and Second Primary Tumors

ORIGINAL ARTICLE

TRANSORAL LASER MICROSURGERY AS PRIMARY TREATMENT FOR ADVANCED-STAGE OROPHARYNGEAL CANCER: A UNITED STATES MULTICENTER STUDY

Bruce H. Haughey, MBChB,¹ Michael L. Hinni, MD,² John R. Salassa, MD,³ Richard E. Hayden, MD,² David G. Grant, MBChB,³ Jason T. Rich, MD,¹ Simon Milov, MD,¹ James S. Lewis, Jr, MD,⁴ Murlu Krishna, MD⁵

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Accepted 4 October 2010

Published online 31 January 2011 in Wiley Online Library (wileyonlinelibrary.com). DOI: 10.1002/hed.21669

Comparison of functional outcomes and quality of life between transoral surgery and definitive chemoradiotherapy for oropharyngeal cancer

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¹Department of Radiation Oncology, University of California Davis School of Medicine, Sacramento, California, ²Department of Otolaryngology – Head and Neck Surgery, University of California Davis School of Medicine, Sacramento, California.

Accepted 9 January 2014

Published online 3 April 2014 in Wiley Online Library (wileyonlinelibrary.com). DOI 10.1002/hed.23610

UW-QoL domain	TORS +RT	CRT	P value
Swallowing	91.5	72.1	0.01
Chewing	88.7	82.3	NS
Speech	91.5	93.6	NS
Taste	64.5	62.4	NS
Saliva	58.1	53.8	NS

Characteristic	Transoral surgery + RT (%)	CRT (%)
Primary tumor size		
Tonsil	16 (52)	16 (52)
Base of tongue	15 (48)	15 (48)
T classification		
T1	14 (45)	14 (45)
T2	12 (39)	12 (39)
T3	5 (16)	5 (16)
N classification		
N1	5 (16)	5 (16)
N2a	10 (32)	9 (29)
N2b	10 (32)	11 (35)
N2c	6 (19)	6 (19)
HPV status		
Positive	20 (65)	20 (65)
Negative	11 (35)	11 (35)
Smoking history		
None	14 (45)	14 (45)
Yes, <10 pack-year	7 (23)	7 (23)
Yes, 10–40 pack-year	5 (16)	5 (16)
>40 pack-year	5 (16)	5 (16)
Sex		
Male	26 (84)	26 (84)
Female	5 (16)	5 (16)
KPS		
90	27 (87)	24 (77)
80	4 (13)	7 (23)

But that is not the complete picture.....

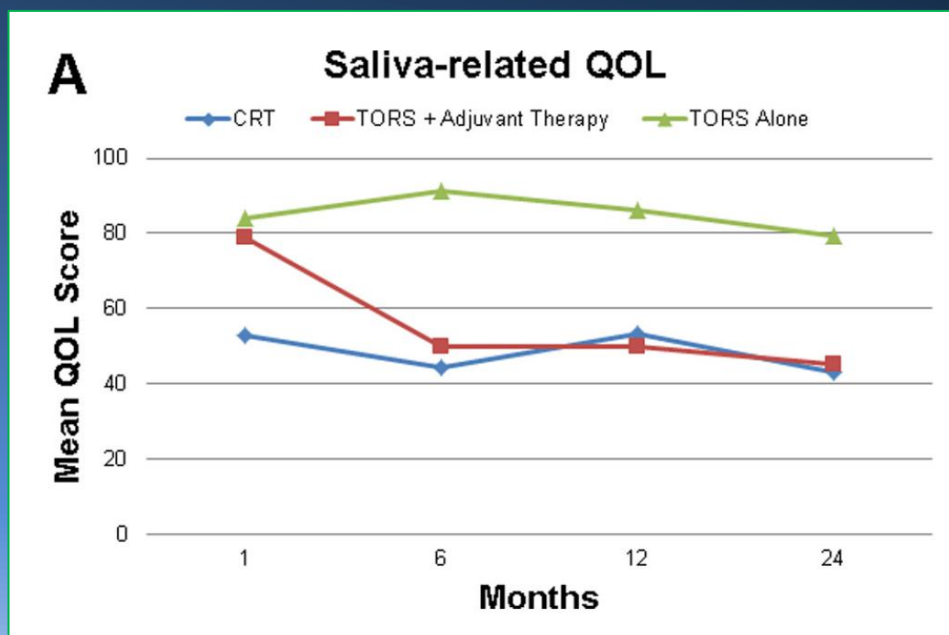
Oncologic outcomes and patient-reported quality of life in patients with oropharyngeal squamous cell carcinoma treated with definitive transoral robotic surgery versus definitive chemoradiation



D.C. Ling MD^a, B.V. Chapman MD^a, J. Kim MD^b, G.W. Choby MD^b, P. Kabolizadeh MD, PhD^a, D.A. Clump MD, PhD^a, R.L. Ferris MD, PhD, FACS^b, S. Kim MD^b, S. Beriwal MD^a, D.E. Heron MD, FACRO, FACR^{a,b}, U. Duvvuri MD, PhD^{b,*}

^a Department of Radiation Oncology, University of Pittsburgh Cancer Institute, Pittsburgh, PA, United States

^b Department of Otolaryngology, University of Pittsburgh Medical Center, Pittsburgh, PA, United States



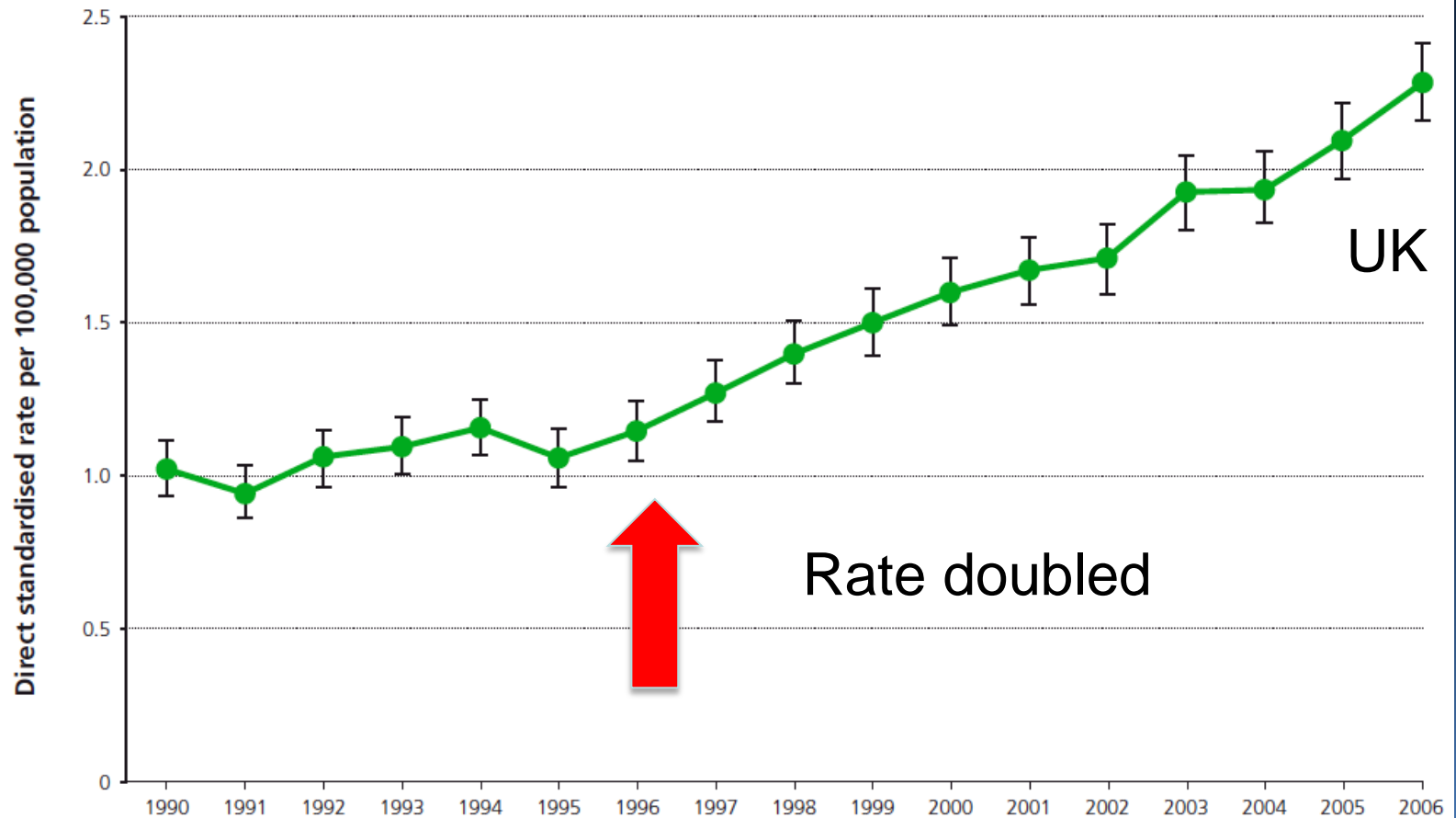
TORS only: 40
TORS+RT: 15
TORS + CRT: 37

University of Washington QoL: 1, 6, 12, and 24 months

Changing world and changing epidemiology

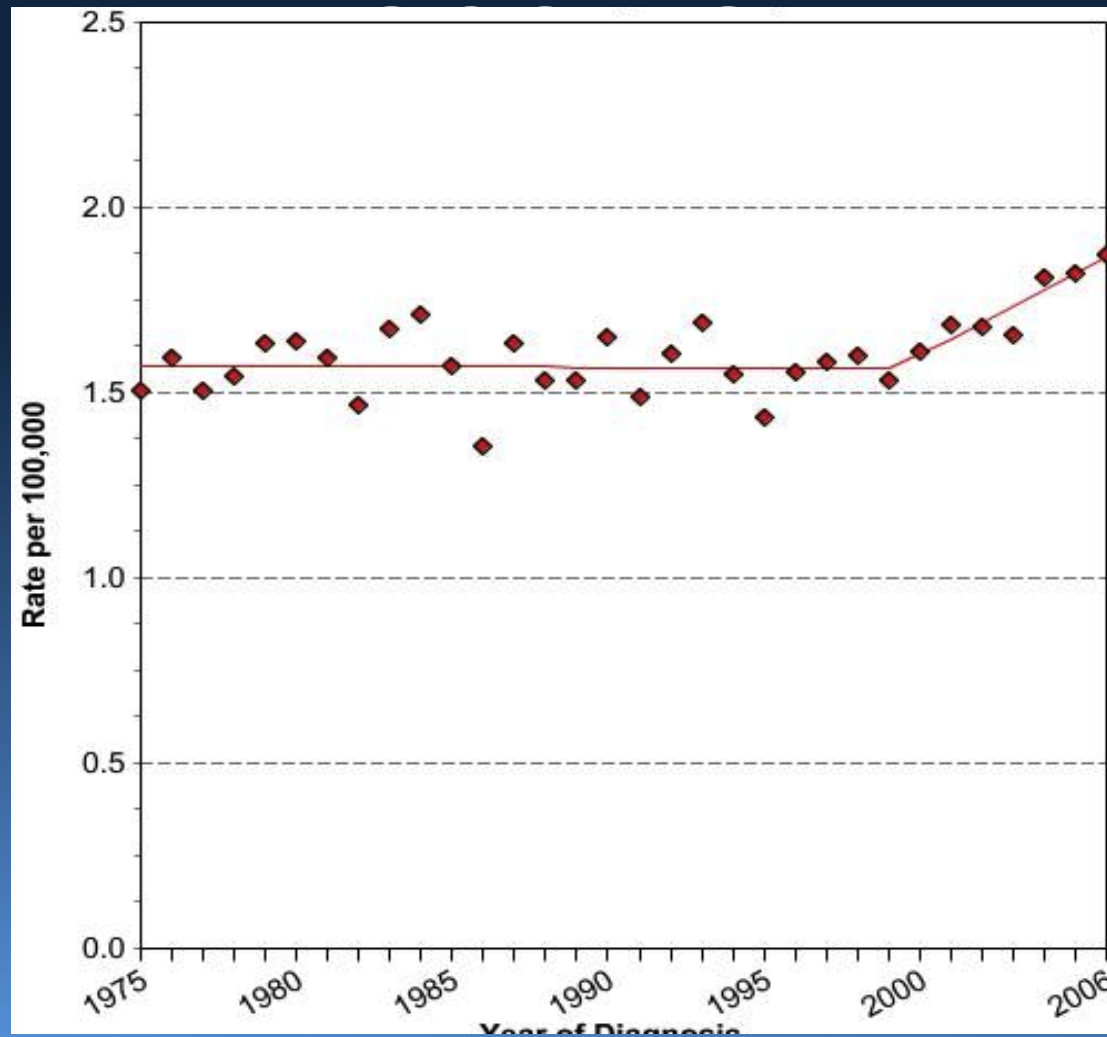
Rapidly rising incidence

Oropharynx cancer excluding soft palate (ICD-10 C01, C09 and C10)



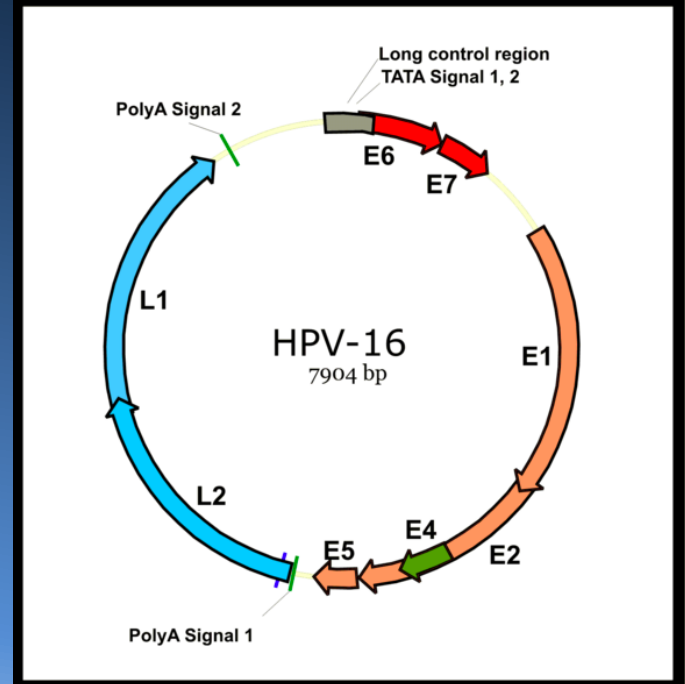
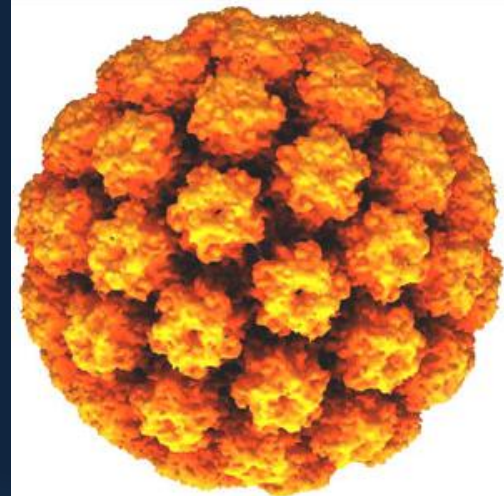
Incidence of Oropharyngeal

SEER
data
1975-
2006

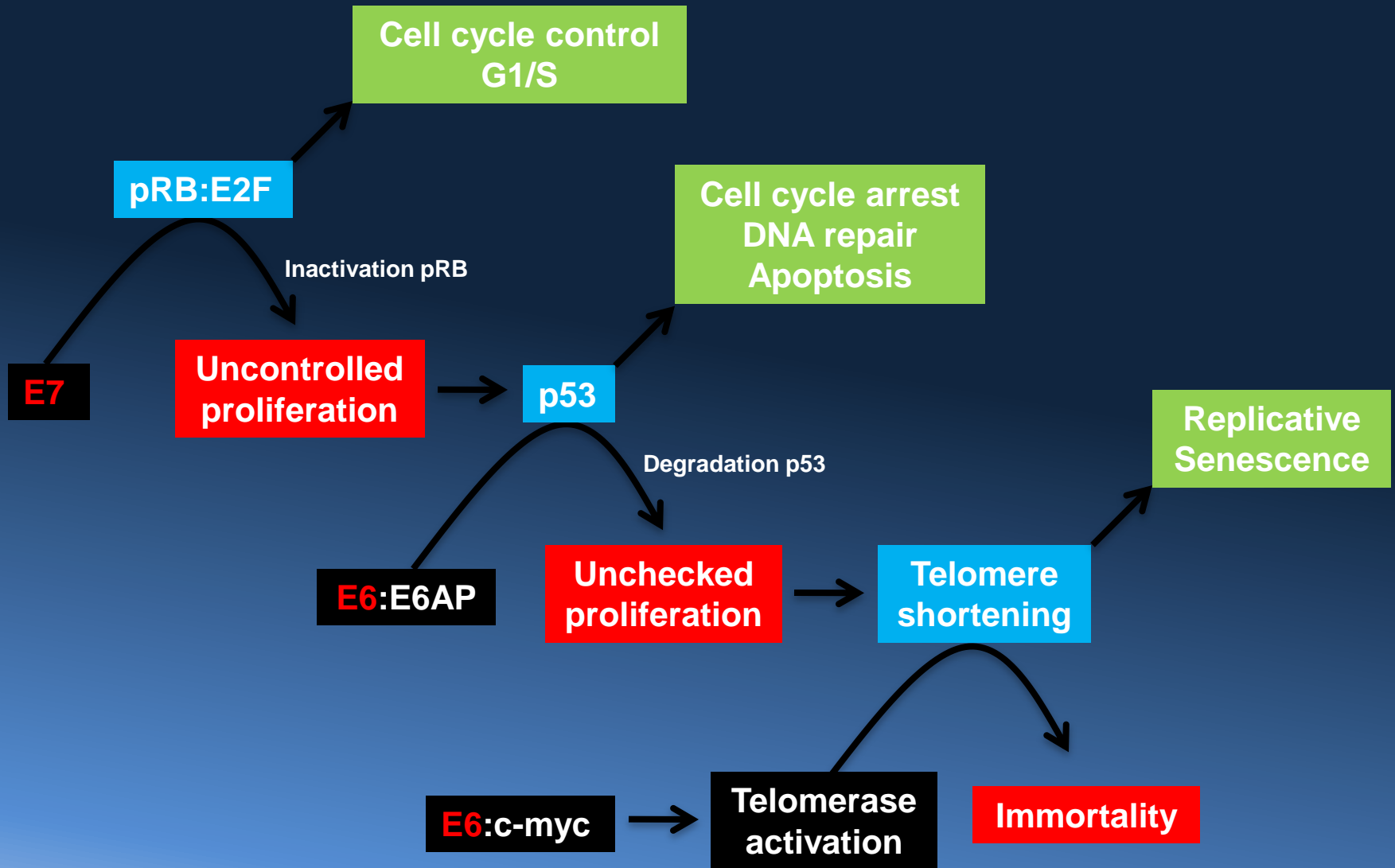


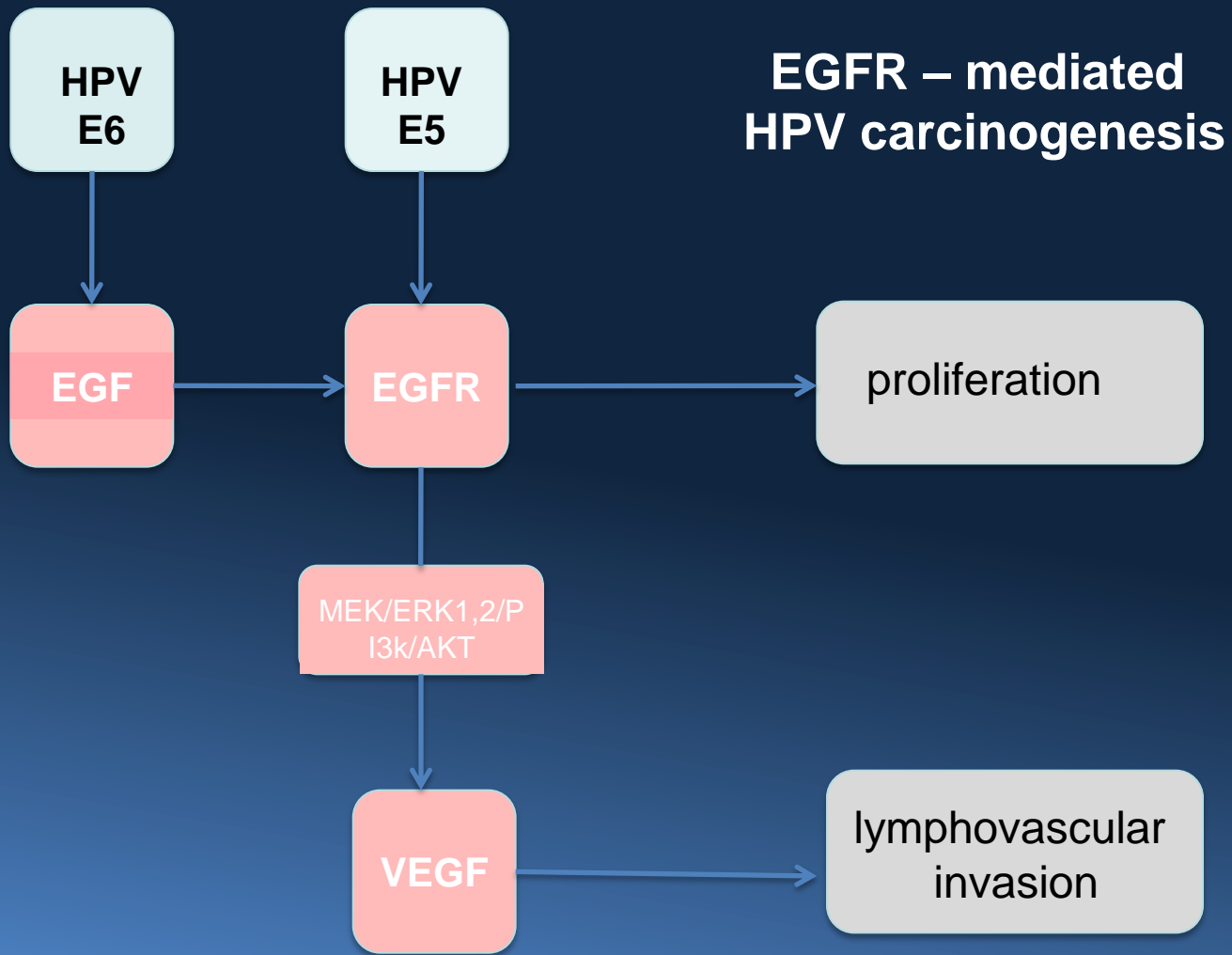
Human Papilloma Virus

- Double stranded circular DNA
- 72 L1 capsid proteins
- Oro-genital transmission
- Many types
- Cervical and oropharyngeal SCC type 16 most common



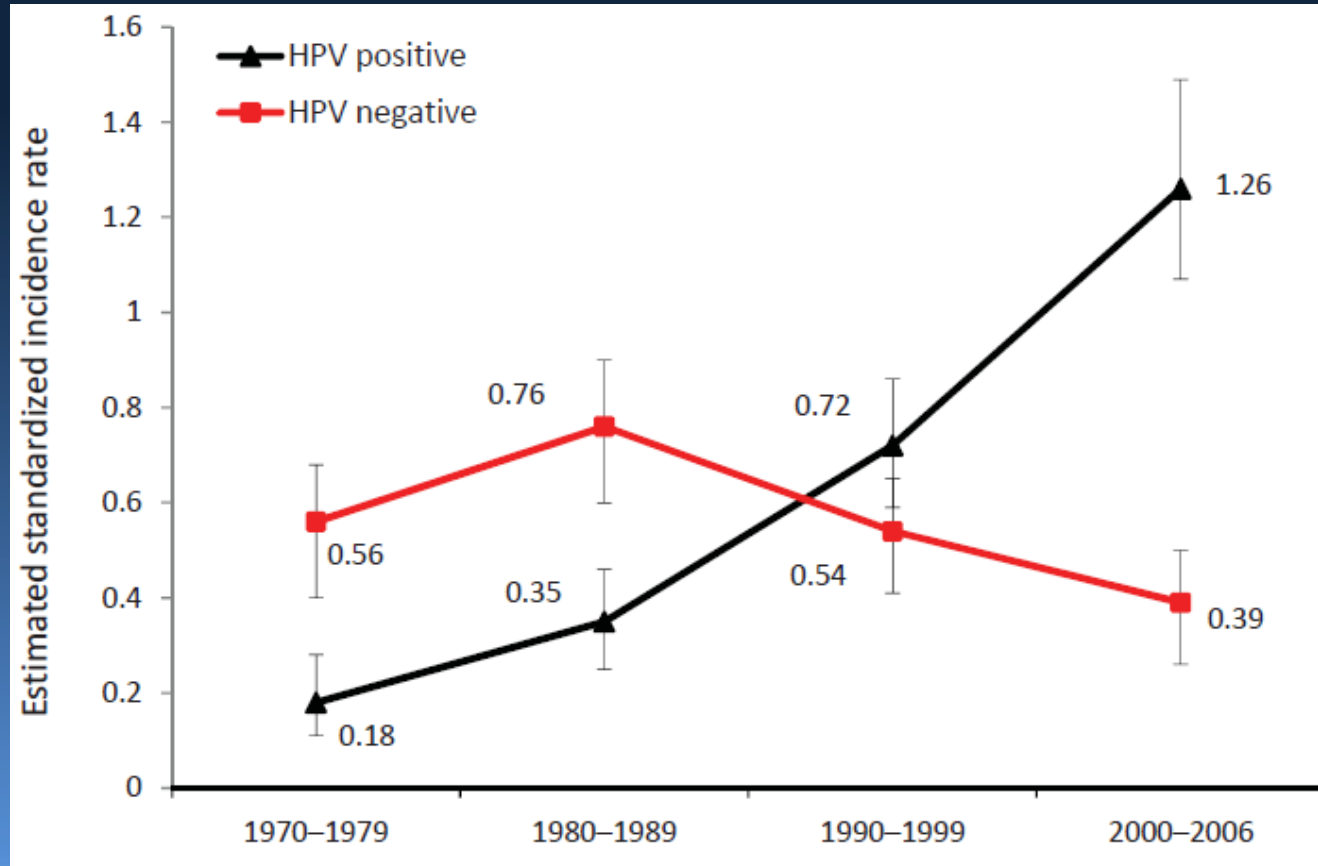
HPV Carcinogenesis – effects of E6 & E7 on cell signalling





Mathur 2005, Kim 2006
Rampias 2009

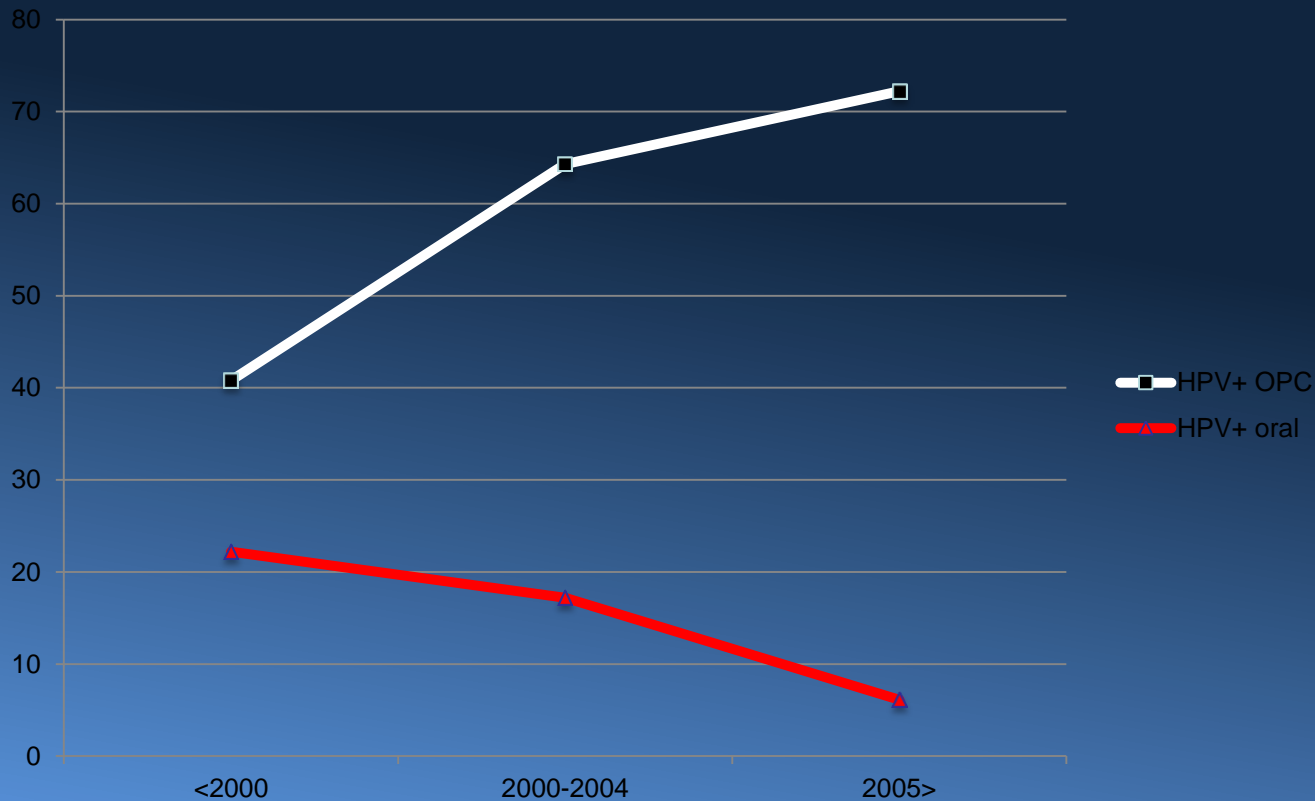
Incidence of HPV+ve and HPV-ve tonsillar cancer squamous cell carcinoma cases (Stockholm, Sweden, 1970–2006)



HPV-related OPSCC increasing

Meta-analysis : HPV oropharyngeal and oral carcinoma by time

269 papers, 19,000 + patients



Global disease burden is increasing significantly

Mehanna, Head Neck 2013

Epidemic?

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The Lancet Oncology, [Volume 11, Issue 8](#), Pages 781 - 789, August 2010

doi:10.1016/S1470-2045(10)70017-6  [Cite or Link Using DOI](#)

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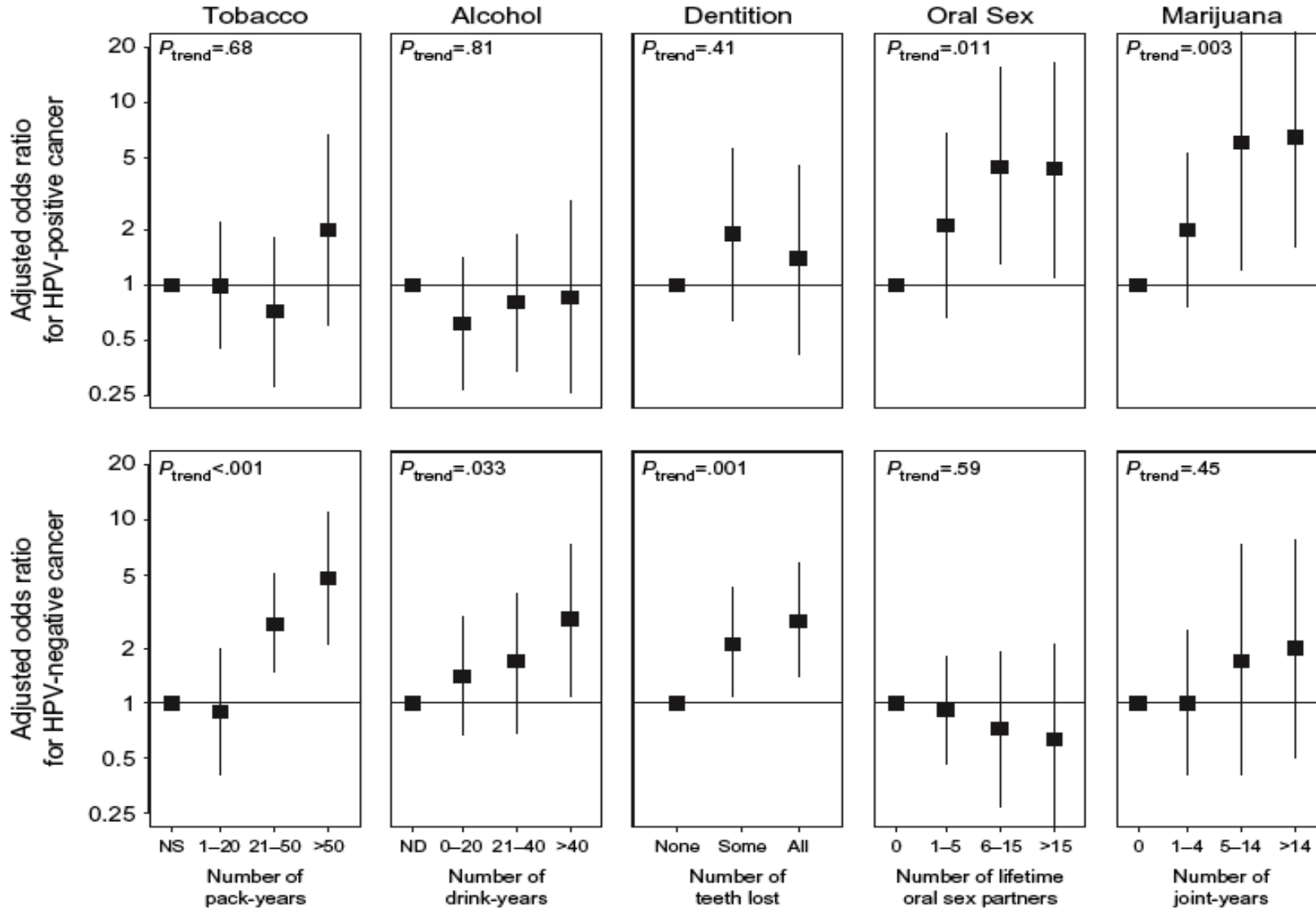
Published Online: 06 May 2010

HPV-associated head and neck cancer: a virus-related cancer epidemic

Dr [Shanthi Marur](#) MD ^a , [Gypsyamber D'Souza](#) PhD ^b, Prof [William H Westra](#) MD ^c, Prof [Arlene A Forastiere](#) MD ^a

Summary

Risk factors

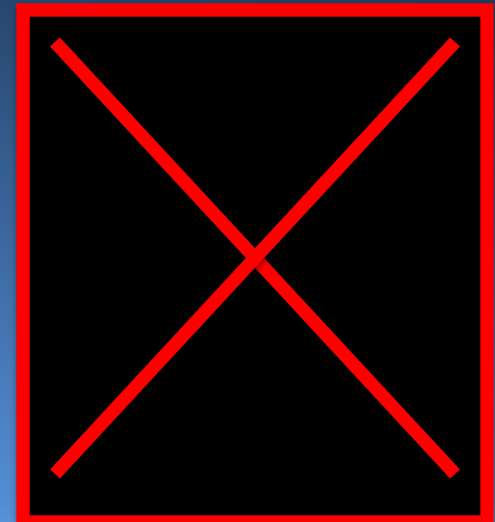


HPV
+

HPV
—

Risk factors – the 'good time' cancer

- Smoking- tobacco, marijuana
- Alcohol
- Viruses: HPV – orogenital sex



HPV HNC – a distinct disease entity

The molecular biology of head and neck cancer

C. René Leemans, Boudewijn J. M. Braakhuis and Ruud H. Brakenhoff

Feature	HPV-negative HNSCC	HPV-positive HNSCC
Incidence	Decreasing	Increasing
Aetiology	Smoking, excessive alcohol use	Oral sex
Age	Above 60 years	Under 60 years
Field cancerization	Yes	Unknown
TP53 mutations	Frequent	Infrequent
Predilection site	None	Oropharynx
Prognosis	Poor	Favourable

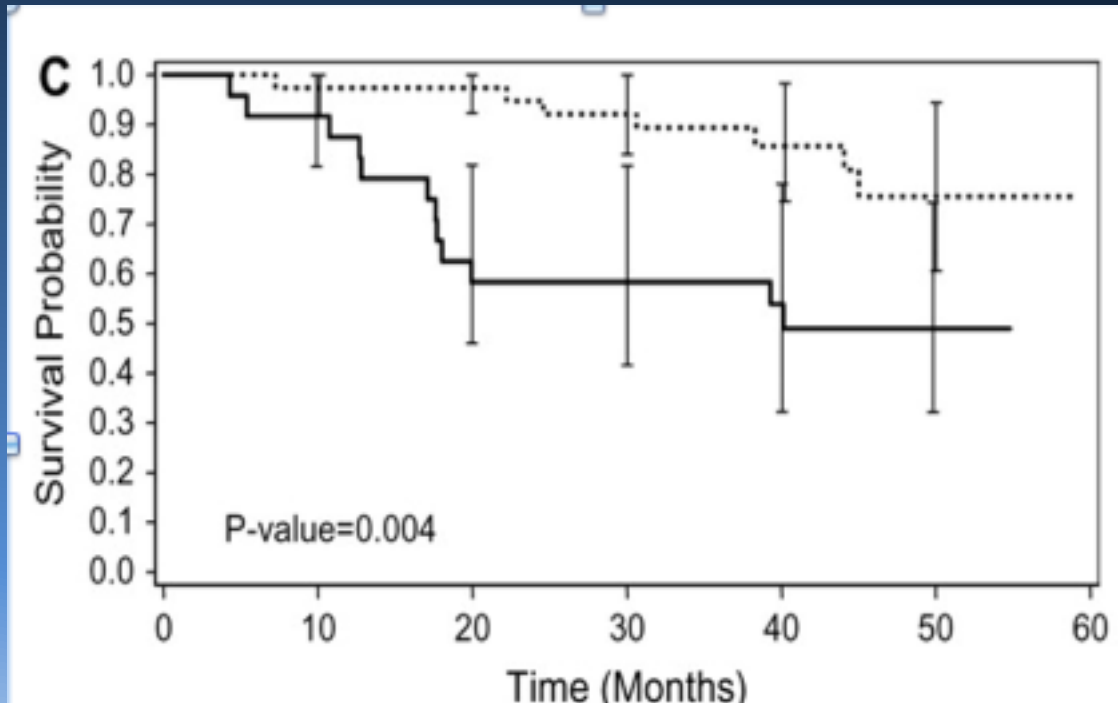
HNSCC, head and neck squamous cell carcinoma; HPV, human papillomavirus.

Good news

- Improved response to CRT

Metanalysis: HPV +ve 28% reduced risk of dying
49% reduced risk of local recurrence

Ragin, *Int J Cancer*, 2007



2 yr OS :
95% vs 62%

Fakhry et al.
J. Natl Cancer Inst. 2008

CRT and HPV

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

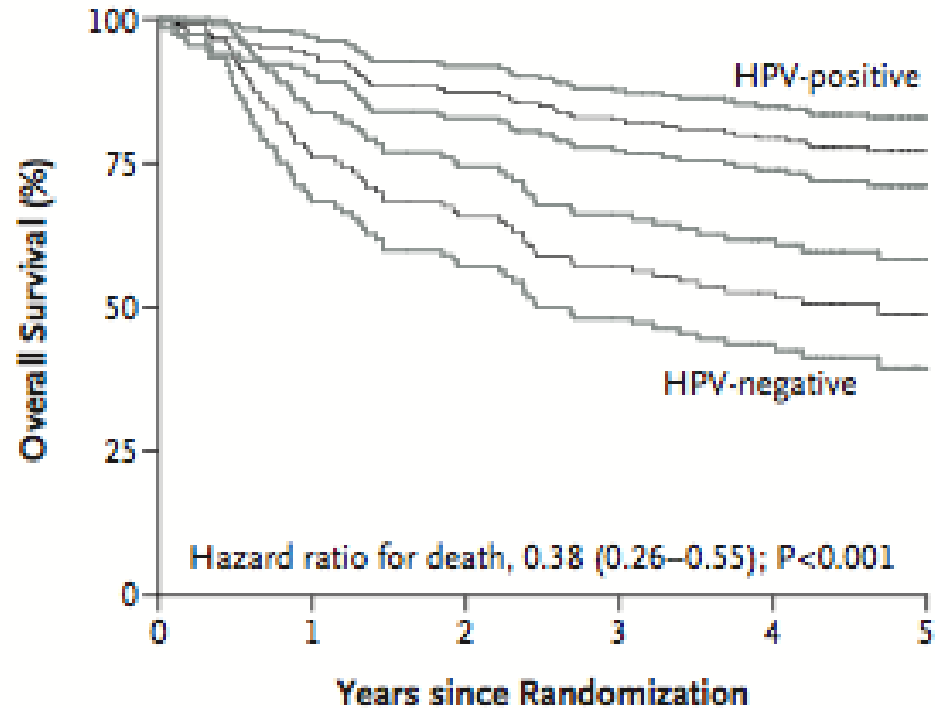
Human Papillomavirus and Survival of Patients with Oropharyngeal Cancer

K. Kian Ang, M.D., Ph.D., Jonathan Harris, M.S., Richard Wheeler, M.D., Randal Weber, M.D., David I. Rosenthal, M.D., Phuc Felix Nguyen-Tân, M.D., William H. Westra, M.D., Christine H. Chung, M.D., Richard C. Jordan, D.D.S., Ph.D., Charles Lu, M.D., Harold Kim, M.D., Rita Axelrod, M.D., C. Craig Silverman, M.D., Kevin P. Redmond, M.D., and Maura L. Gillison, M.D., Ph.D.

- RCT: Cisplatin with standard fractionation vs accelerated fractionation
- 323 patients
- 78% Stage IV, 22% Stage III
- 81% T3 and T4, no T1

CRT and HPV

A Overall Survival According to Tumor HPV Status



No. at Risk

HPV-positive	206	193	179	165	151	73
HPV-negative	117	89	76	65	51	22

3 yr OS: HPV+ = 82.4% (95% CI, 77.2 to 87.6)

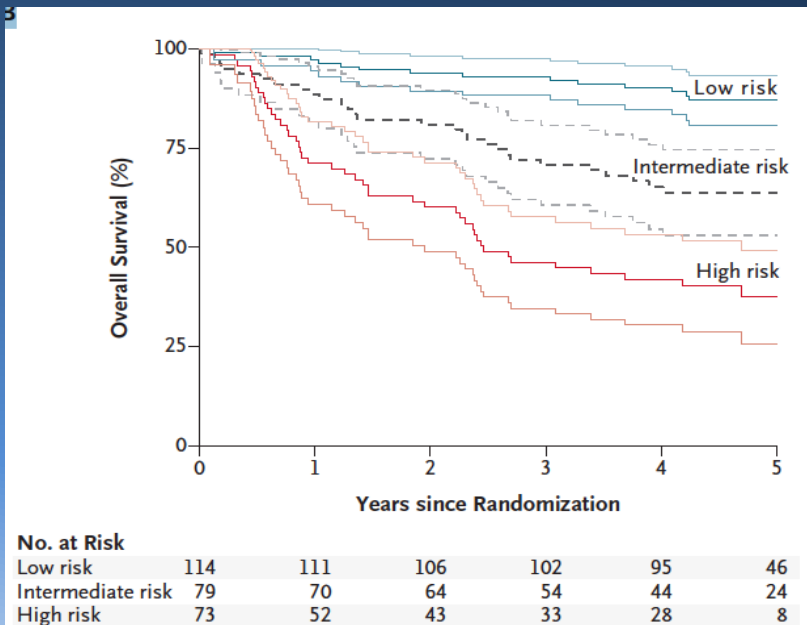
HPV- = 57.1% (95% CI, 48.1- 66.1)

HR= 0.38
(0.26-0.55)

Risk stratification in the new age

3 risk categories:

- Low risk: HPV+ / no or low smokers (50% patients)
OS 3 yr 93%
- Intermediate: HPV+ + smokers+N2b-N3 and HPV- + low-no smoker + T2-3
OS 3yr 70.8%
- High: HPV- /high smokers or low smoker+T4
OS 3yr 46.3%



Ang, NEJM, 2010



Prognostic Factors and Survival Unique to Surgically Treated p16+ Oropharyngeal Cancer

Bruce H. Haughey, MBChB, FRACS, FACS; Parul Sinha, MBBS, MS

TABLE IX.

Multivariate Cox Proportional Hazard Ratios for Disease-Free Survival in Models Based on Clinical T Stage.

Variables	HR (95% CI)	P Value
cT stage (T3-4 vs. T1-2)	3.03 (1.10-8.34)	.032
Smoker (ever vs. never)	4.19 (1.22-14.42)	.023
No. of nodes (0-1 vs. ≥ 2)	6.36 (1.72-23.47)	.005
No. of nodes (1-2 vs. ≥ 3)	7.06 (1.97-25.27)	.003*
pN stage (N2a+ vs. N0-2a)	3.8 (1.1-13.30)	.032
Adjuvant Rx (any vs. none)	0.21 (0.06-0.71)	.012 [†]
cT stage (T4 tonsil vs. T1-3 tonsil)	4.93 (1.46-16.65)	.010
cT stage (T4 tonsil vs. T1-3 tongue base)	8.26 (2.27-29.99)	.001

*Significance observed in models that excluded patients with no involved neck nodes (n = 153).

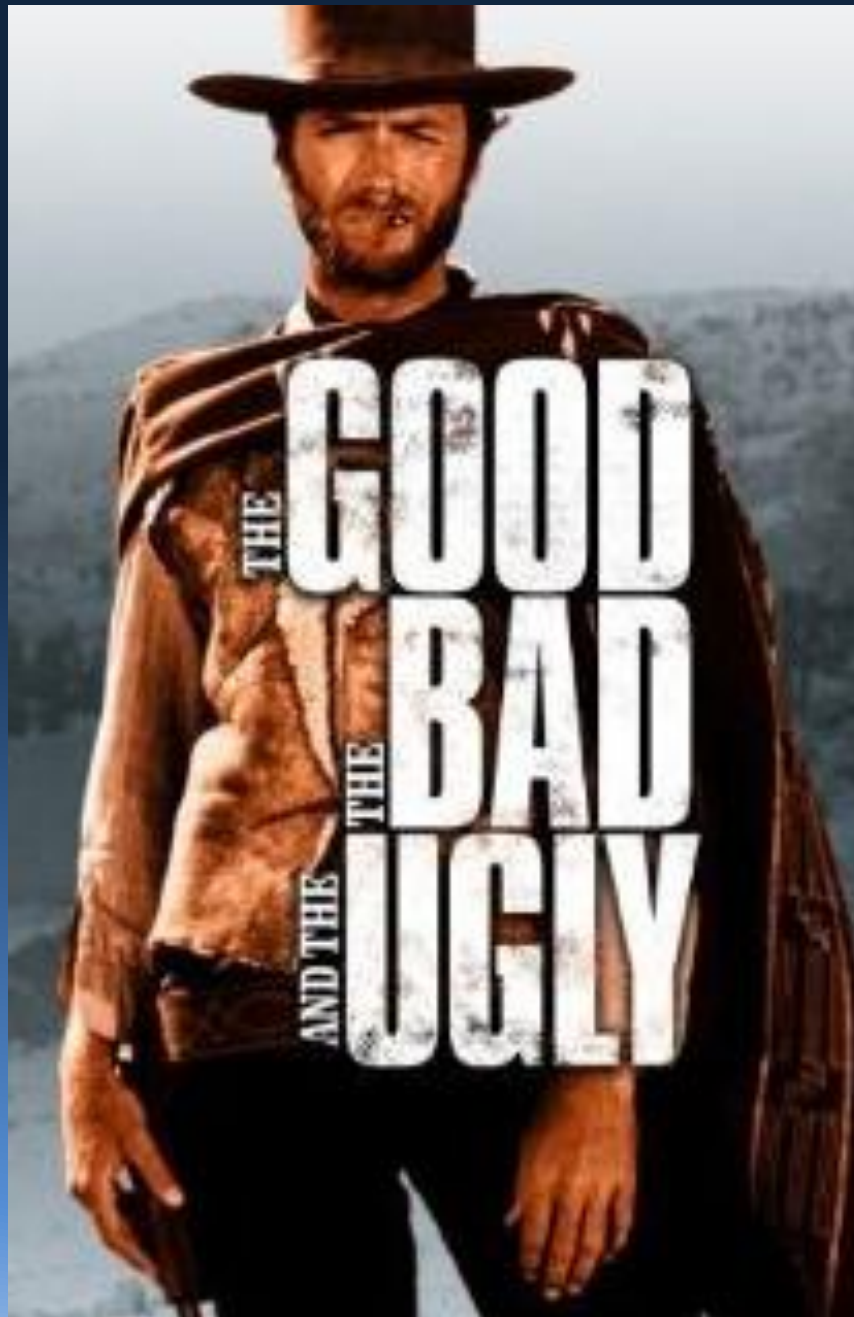
[†]Lost its significance in models with T stage.

HR = hazard ratio; CI = confidence interval; cT = clinical T stage; pN = pathological N stage, Rx = Therapy.

Low

Intermediate

High



3yr OS

93%

70.8%

46.3%

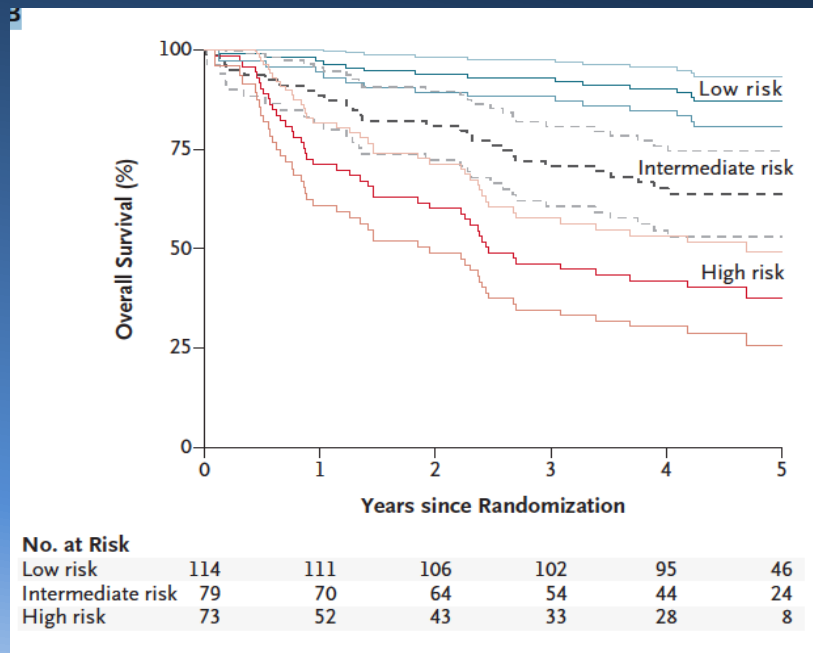
TNM 8th edition

Changing world and changing treatment paradigms

Excellent survival for low-risk OPC

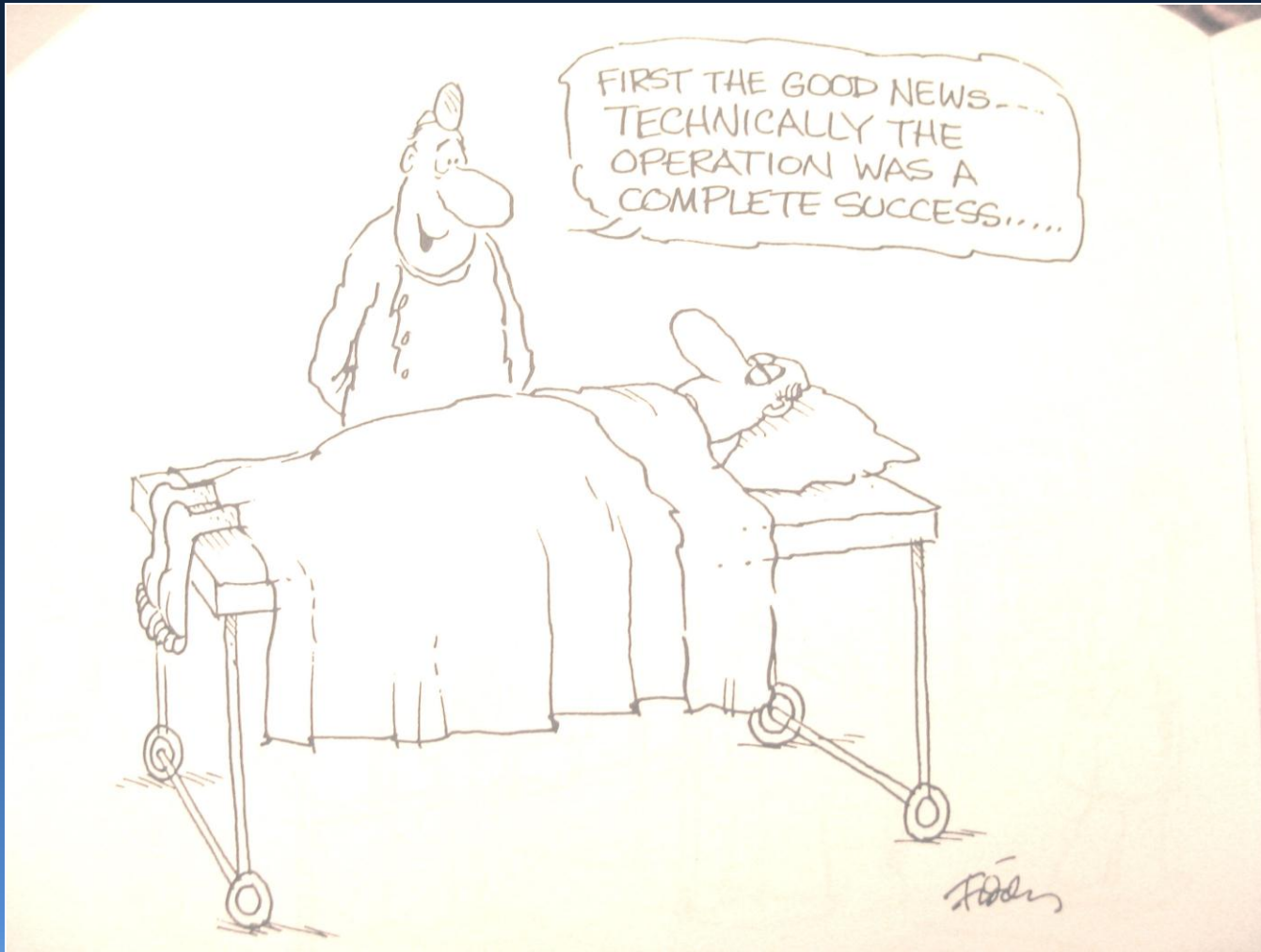
3 risk categories:

- **Low risk: HPV+ / no or low smokers (50% patients)**
OS 3 yr 93%
- Intermediate: HPV+ + smokers+N2b-N3 and HPV- + low-no smoker + T2-3
OS 3yr 70.8%
- High: HPV- /high smokers or low smoker+T4
OS 3yr 46.3%



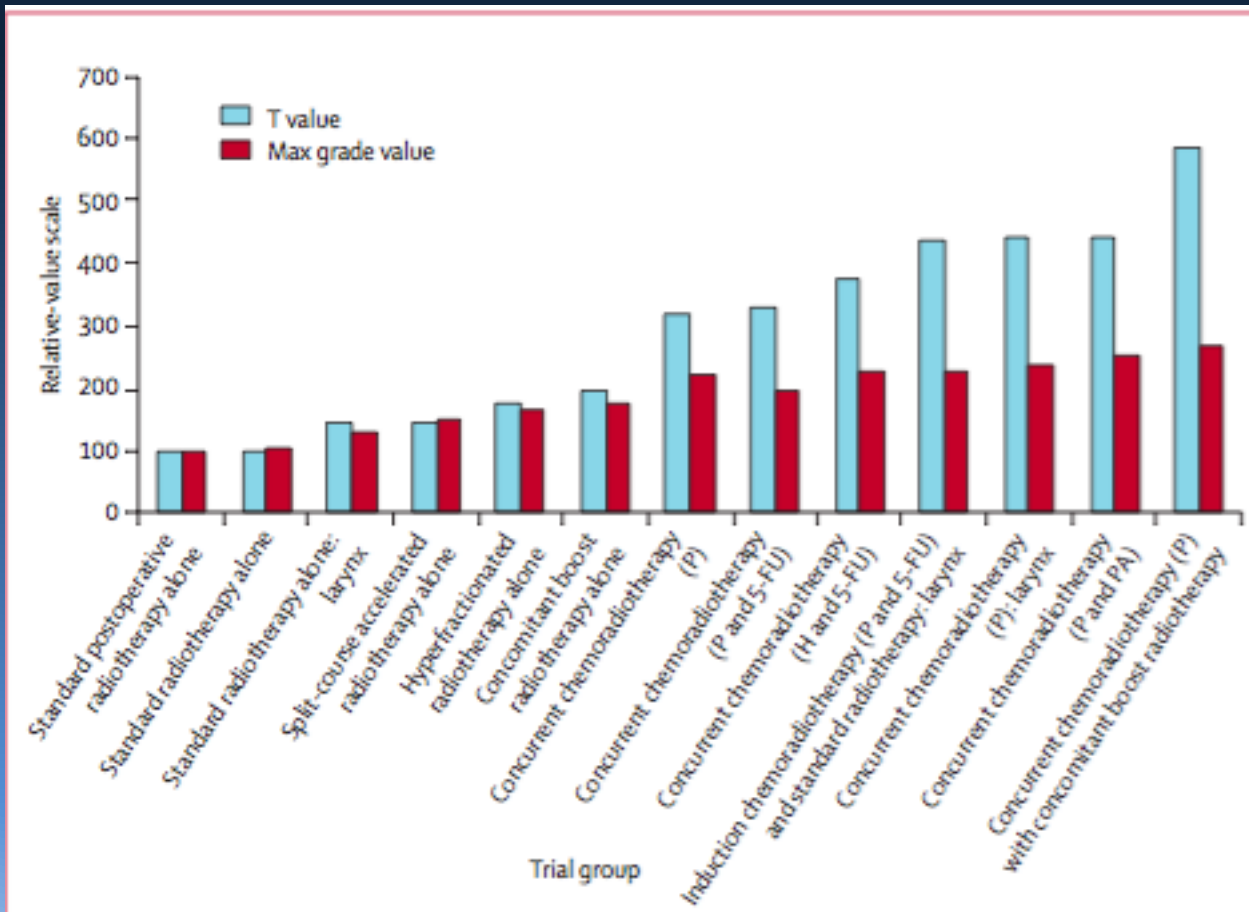
Ang, NEJM, 2010

Bad news



CRT - toxicity

Higher survival rates in younger patients = living longer with morbidity



CRT - toxicity

Higher survival rates in younger patients =
living longer with morbidity

Acute toxicity

- Grade 3-5 toxicity
 - Severe, life-threatening
- CRT: 202 events in 109 living pts =185%
- Double those treated with RT alone

Calais, *JNCI*, 1999

Late toxicity- 5 yrs

- Grade 3-5 toxicity
 - Severe, life-threatening
- 66 % of 27 living pts with CRT
 - 56% swallowing problems
 - 56% xerostomia

Denis, *JCO*, 2004

Are we over-treating?



Are there any alternative treatment regimens with similar survival but less toxicity?

De-intensification

- Remove chemotherapy agent
- Do surgery
- Do surgery and reduce RT
- Less toxic chemotherapy agent

De-intensification

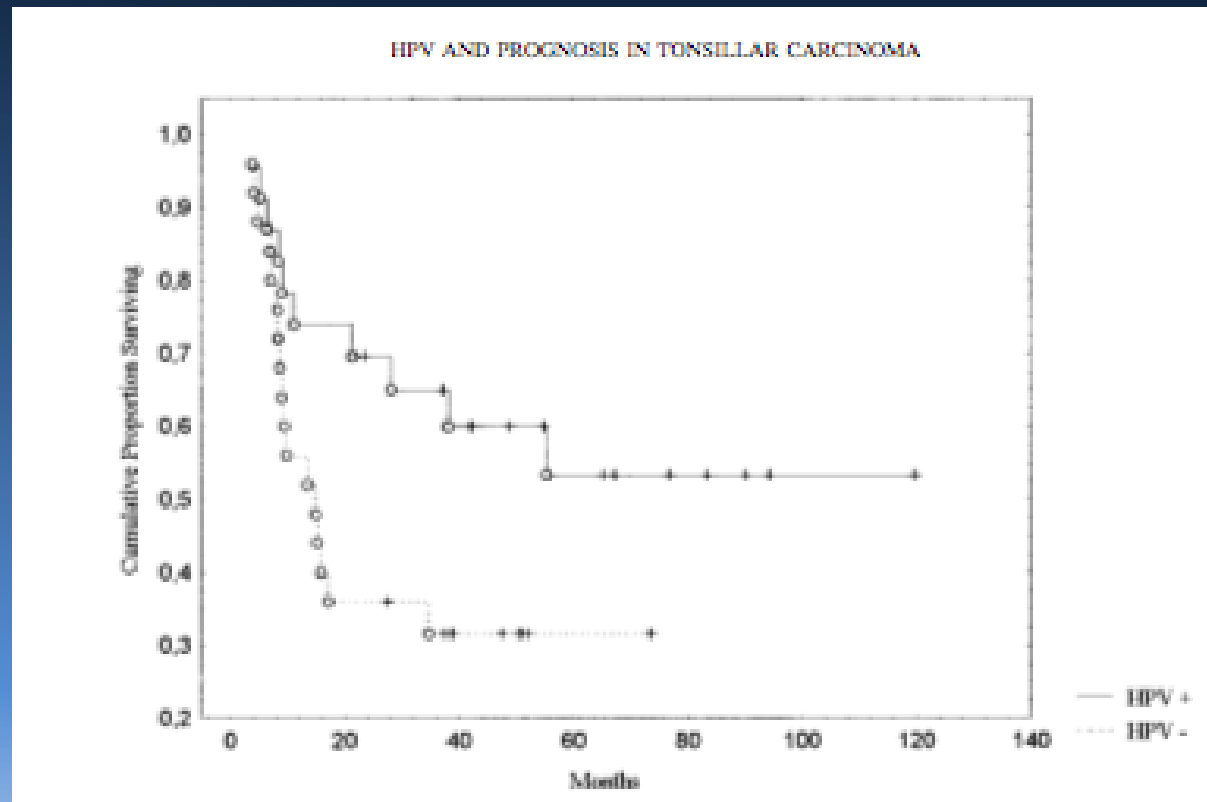
- Remove chemotherapy agent
- Do surgery
- Do surgery and reduce RT
- Less toxic chemotherapy agent

Increased radio-sensitivity

- Some early studies suggest that HPV+ve patients are more radiosensitive than HPV-ve patients
(Mellin, *Int J Cancer*, 2000)

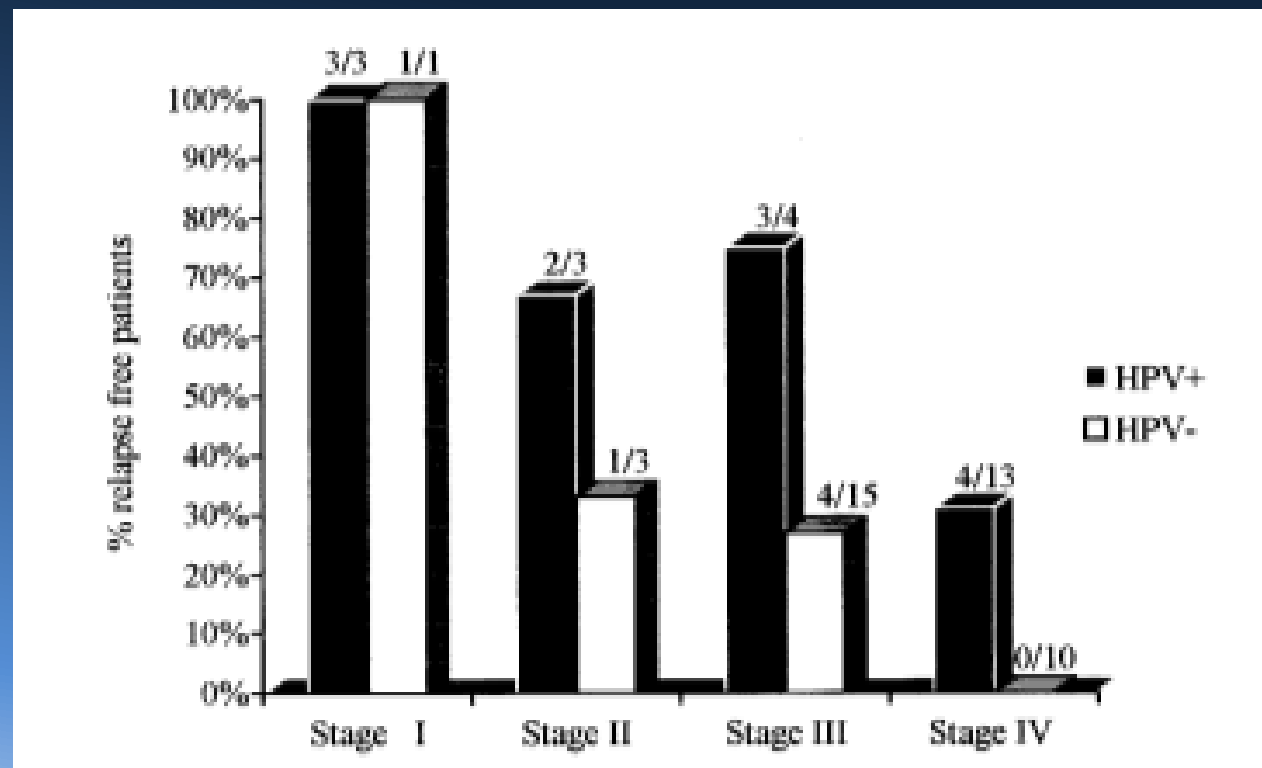
3 yr
cause specific
rate

= 65.3% vs
31.5%

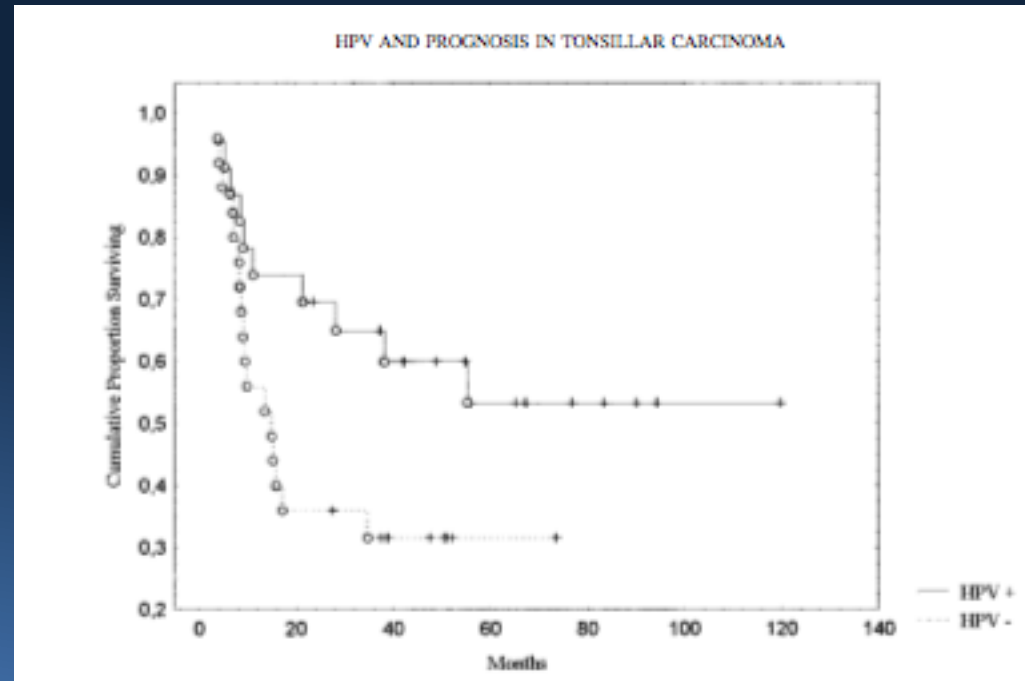
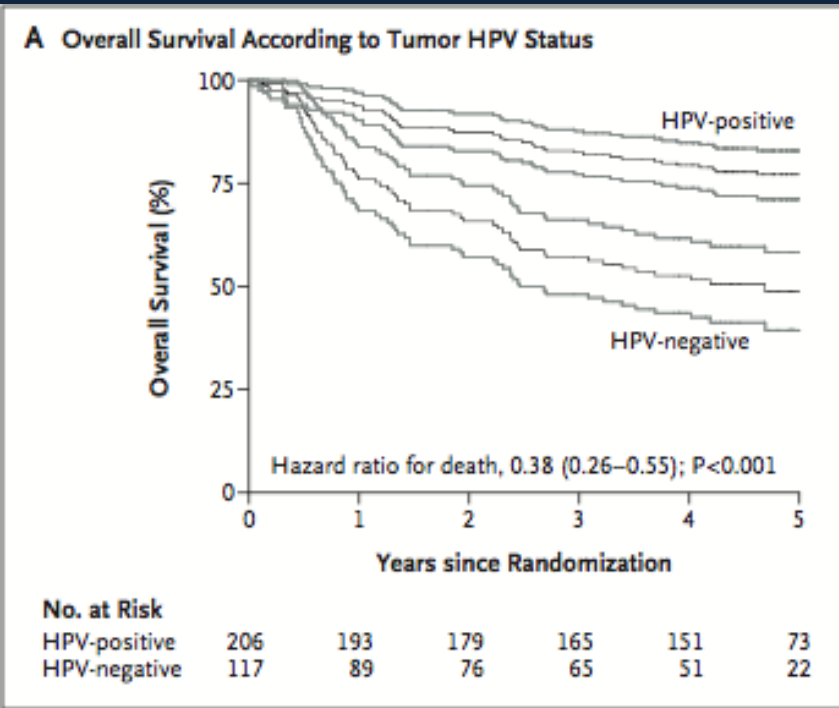


Increased radio-sensitivity

- Effect of HPV-related radiosensitivity only evident in stage II-IV (Mellin, *Int J Cancer*, 2000)



Increased radio-sensitivity



3 yr
cause specific
rate

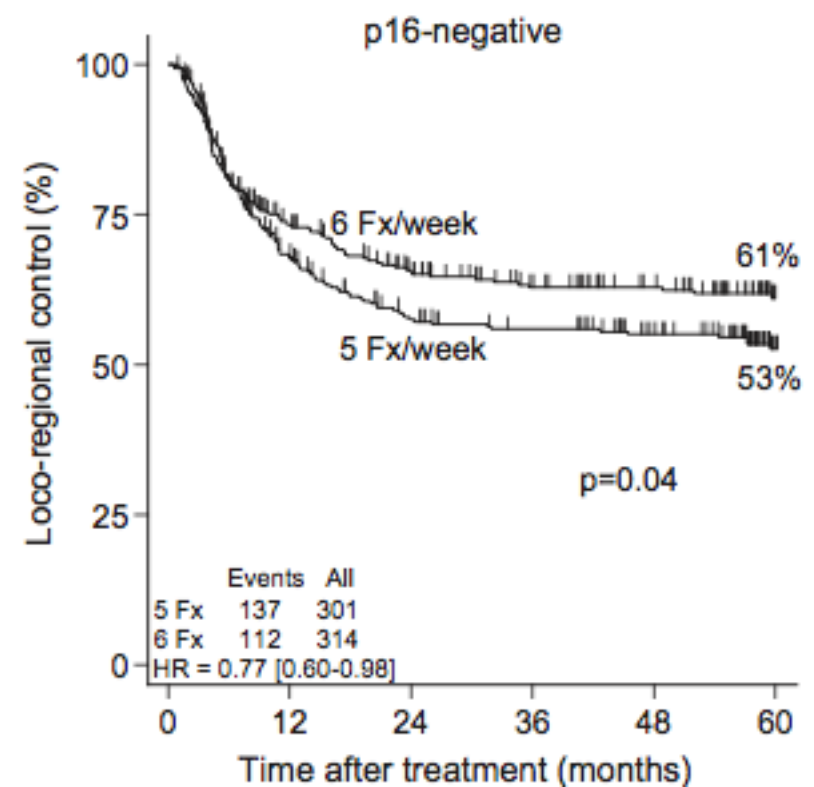
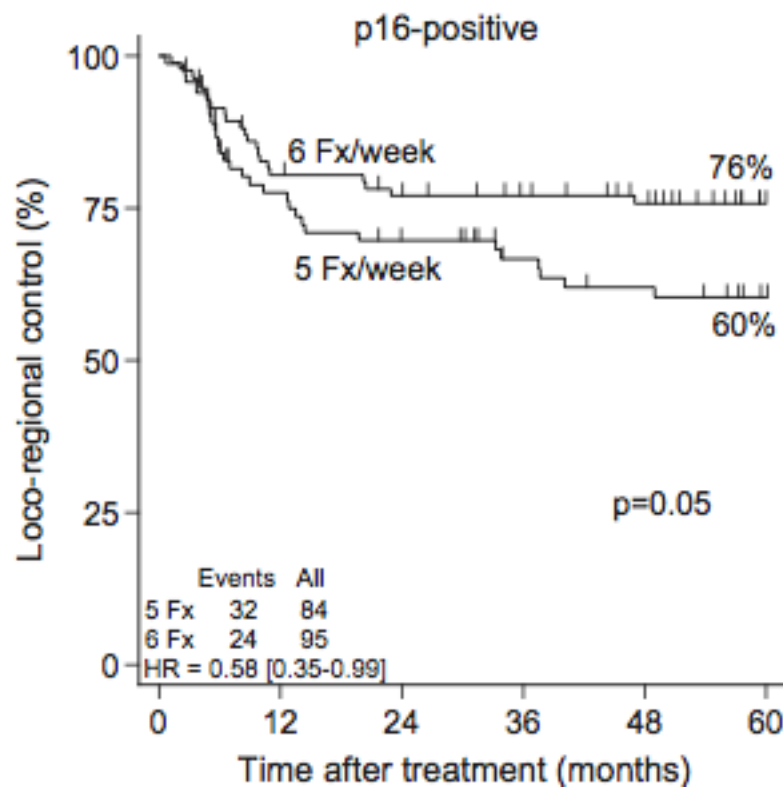
65.3% vs 31.5%

82.4% vs 57.1%

Phase III randomised trial

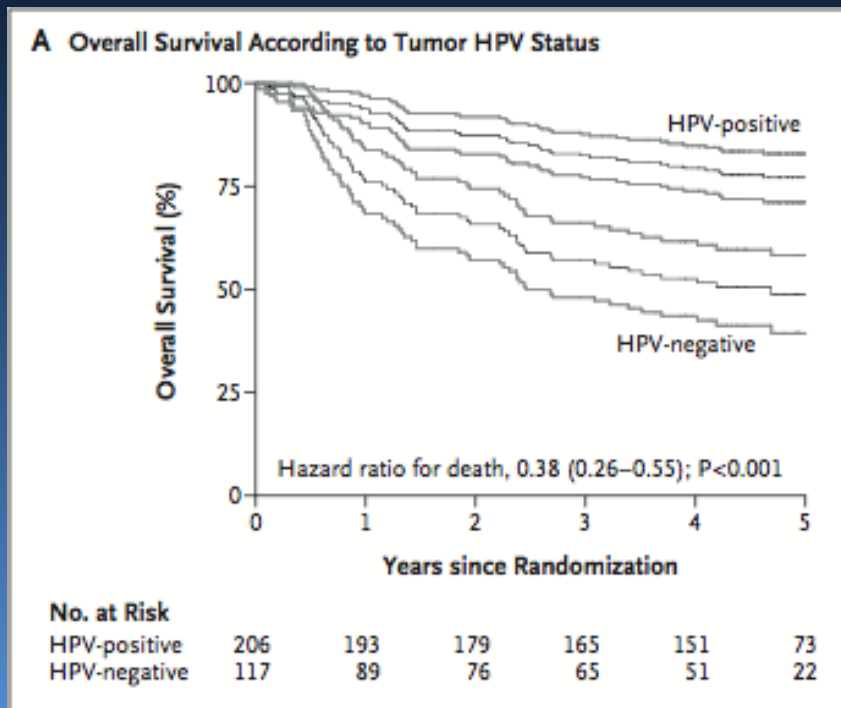
The influence of HPV-associated p16-expression on accelerated fractionated radiotherapy in head and neck cancer: Evaluation of the randomised DAHANCA 6&7 trial

Pernille Lassen^{a,*}, Jesper G. Eriksen^a, Annelise Krogdahl^b, Marianne Hamilton Therkildsen^c, Benedicte P. Ulhøi^d, Marie Overgaard^e, Lena Specht^f, Elo Andersen^g, Jørgen Johansen^h, Lisbeth J. Andersenⁱ, Cai Grau^e, Jens Overgaard^a, On behalf of the Danish Head and Neck Cancer Group (DAHANCA)

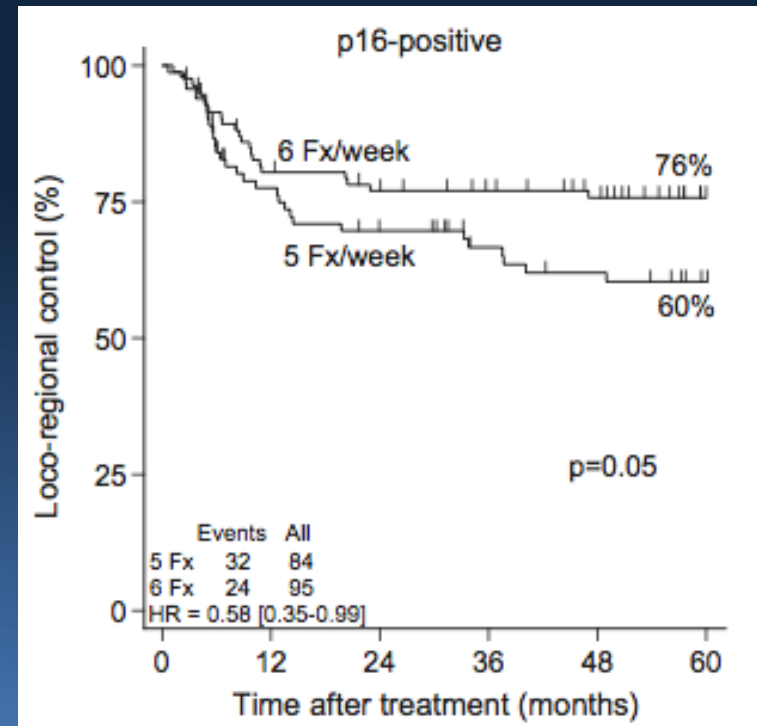


Increased radio-sensitivity

RT 6Fx vs 5Fx



CRT



3 yr
cause specific
rate

78% vs 70%

82.4%

CRT vs RT for HPV+ OPC

		Ang	Mellin	Lassen
Treatment		CRT	RT	Accelerated RT
RT dose		70G	64Gy	66-68Gy in 6F/wk
Stage III/IV		100%	80%	60%
3 yr survival		82%	66%	78%

Ang, 2010; Mellin, 2000

Risk of Distant Metastases in HPV+

JOURNAL OF CLINICAL ONCOLOGY

ORIGINAL REPORT

Deintensification Candidate Subgroups in Human Papillomavirus–Related Oropharyngeal Cancer According to Minimal Risk of Distant Metastasis

Brian O'Sullivan, Shao Hui Huang, Lillian L. Siu, John Waldron, Helen Zhao, Bayardo Perez-Ordonez, Ilan Weinreb, John Kim, Jolie Ringash, Andrew Bayley, Laura A. Dawson, Andrew Hope, John Cho, Jonathan Irish, Ralph Gilbert, Patrick Gullane, Angela Hui, Fei-Fei Liu, Eric Chen, and Wei Xu

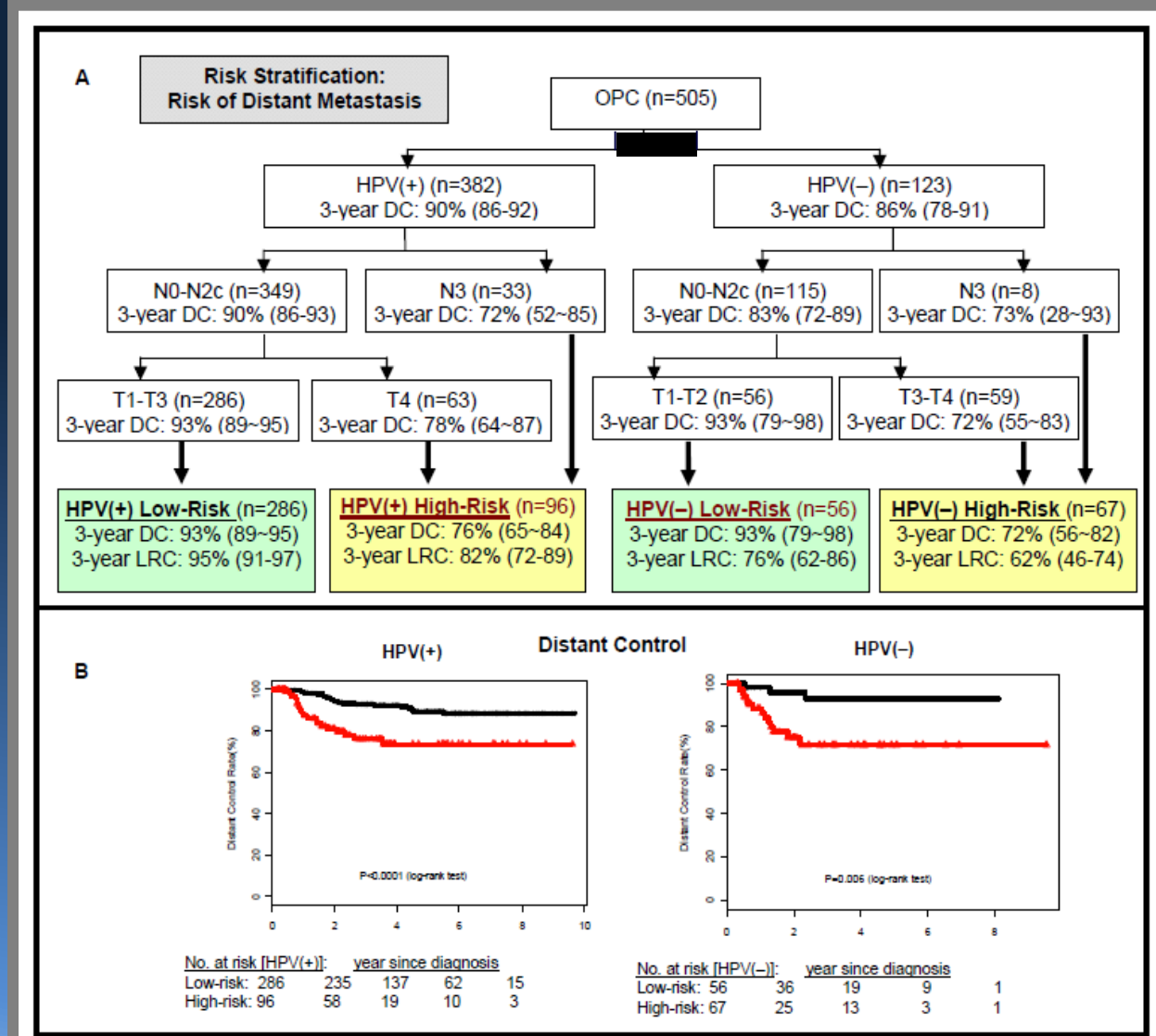
Result – VII: DM Risk Stratification

PMH 2001-2009:

- HPV(+): n=382
- HPV(-): n=123

HPV(+) Low-risk:

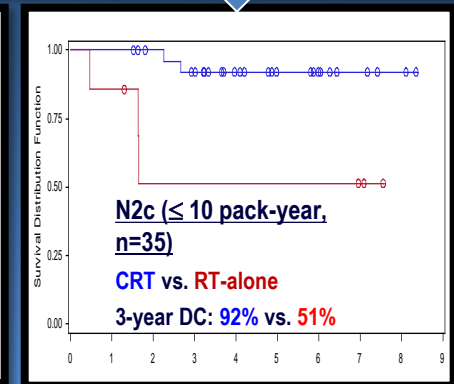
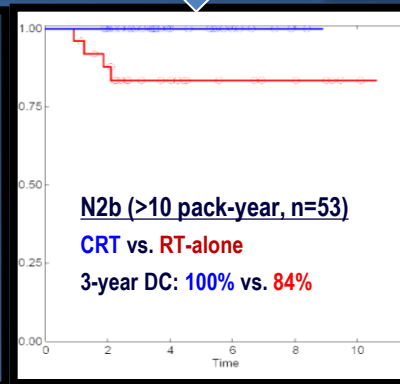
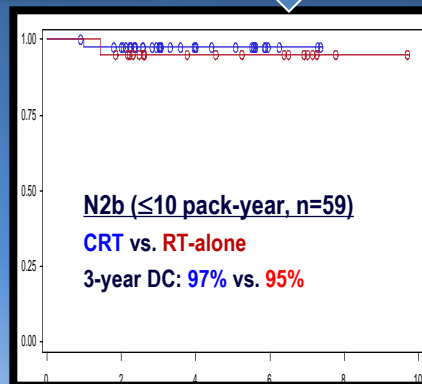
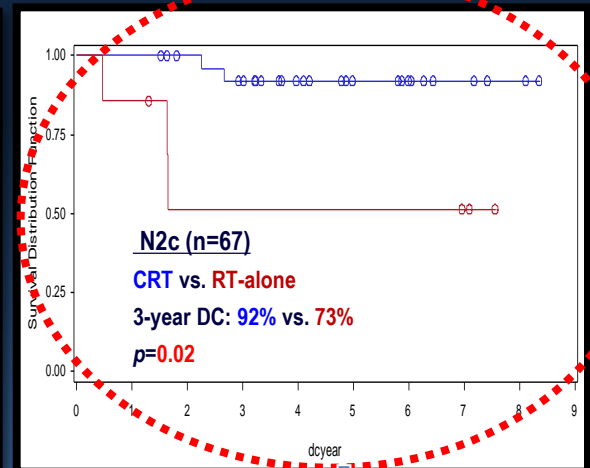
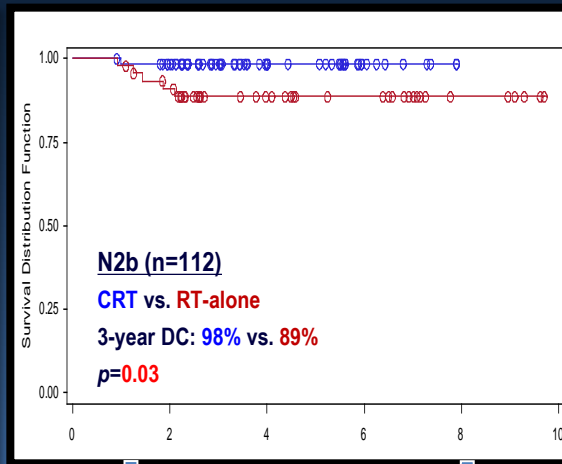
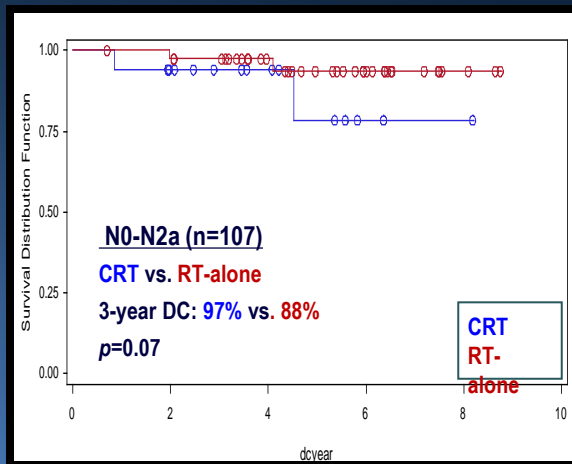
- RT-alone: 150
- CRT: 136



HPV(+) Higher Risk of DM Subgroup

– Patients treated with RT alone had higher distant mets than those treated with CRT if

- N3
- N2c
- N2b smokers >10 pack



- Beware de-intensifying treatment by removing chemotherapy in HPV+ patients with:
 - T4 disease,
 - N2c-N3 disease, and
 - N2b heavy smokers
- Can we decrease RT dose but keep Chemo?
 - Need to be cautious since no evidence

De-intensification

- Remove chemotherapy agent
- Do surgery
- Do surgery and reduce RT
- Less toxic chemotherapy agent

Best outcome for surgery is when done alone..

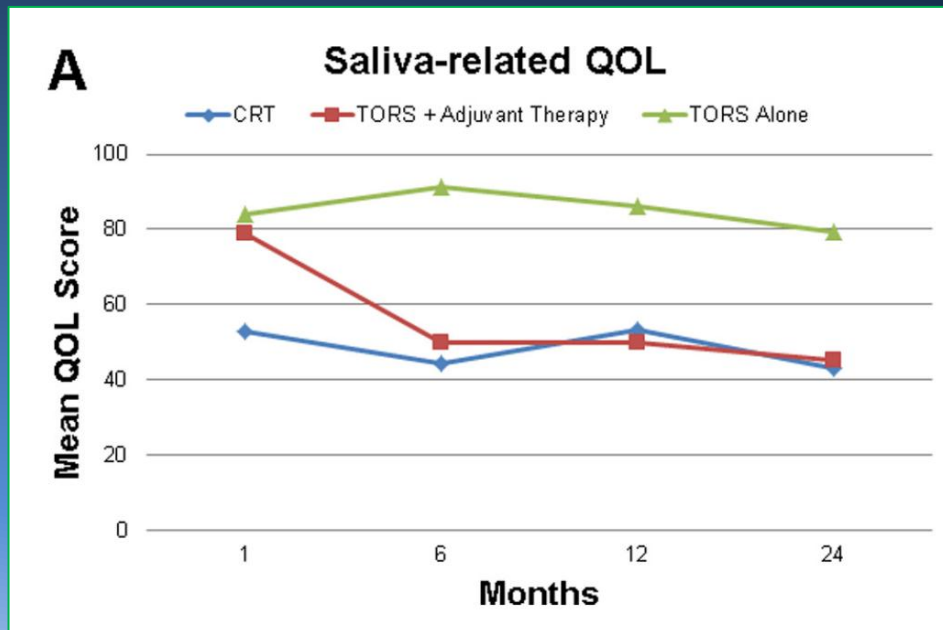
Oncologic outcomes and patient-reported quality of life in patients with oropharyngeal squamous cell carcinoma treated with definitive transoral robotic surgery versus definitive chemoradiation



D.C. Ling MD^a, B.V. Chapman MD^a, J. Kim MD^b, G.W. Choby MD^b, P. Kabolizadeh MD, PhD^a, D.A. Clump MD, PhD^a, R.L. Ferris MD, PhD, FACS^b, S. Kim MD^b, S. Beriwal MD^a, D.E. Heron MD, FACRO, FACR^{a,b}, U. Duvvuri MD, PhD^{b,*}

^a Department of Radiation Oncology, University of Pittsburgh Cancer Institute, Pittsburgh, PA, United States

^b Department of Otolaryngology, University of Pittsburgh Medical Center, Pittsburgh, PA, United States



TORS only: 40
TORS+RT: 15
TORS + CRT: 37

University of Washington QoL: 1, 6, 12, and 24 months



Prognostic Factors and Survival Unique to Surgically Treated p16+ Oropharyngeal Cancer

Bruce H. Haughey, MBChB, FRACS, FACS; Parul Sinha, MBBS, MS

Multivariate Cox Proportional Hazard Ratios for Disease-Free Survival in Models Based on Clinical T Stage.

Variables	HR (95% CI)	P Value
cT stage (T3-4 vs. T1-2)	3.03 (1.10-8.34)	.032
Smoker (ever vs. never)	4.19 (1.22-14.42)	.023
No. of nodes (0-1 vs. ≥ 2)	6.36 (1.72-23.47)	.005
No. of nodes (1-2 vs. ≥ 3)	7.06 (1.97-25.27)	.003*
pN stage (N2a+ vs. N0-2a)	3.8 (1.1-13.30)	.032
Adjuvant Rx (any vs. none)	0.21 (0.06-0.71)	.012 [†]
cT stage (T4 tonsil vs. T1-3 tonsil)	4.93 (1.46-16.65)	.010
cT stage (T4 tonsil vs. T1-3 tongue base)	8.26 (2.27-29.99)	.001

*Significance observed in models that excluded patients with no involved neck nodes (n = 153).

[†]Lost its significance in models with T stage.

HR = hazard ratio; CI = confidence interval; cT = clinical T stage; pN = pathological N stage, Rx = Therapy.

However
Adjuvant
therapy
is
Highly
Effective

TRANSORAL ROBOTIC SURGERY AND HUMAN PAPILOMAVIRUS STATUS: ONCOLOGIC RESULTS

Marc A. Cohen, MD,¹ Gregory S. Weinstein, MD,¹ Bert W. O'Malley, Jr, MD,¹
Michael Feldman, MD,² Harry Quon, MD^{1,3}

¹Department of Otorhinolaryngology–Head and Neck Surgery, University of Pennsylvania Medical Center, Philadelphia, Pennsylvania. E-mail: gregory.weinstein@uphs.upenn.edu

²Department of Pathology, University of Pennsylvania Medical Center, Philadelphia, Pennsylvania

³Department of Radiation Oncology, University of Pennsylvania Medical Center, Philadelphia, Pennsylvania

Accepted 27 April 2010

Published online 6 December 2010 in Wiley Online Library (wileyonlinelibrary.com). DOI: 10.1002/hed.21500

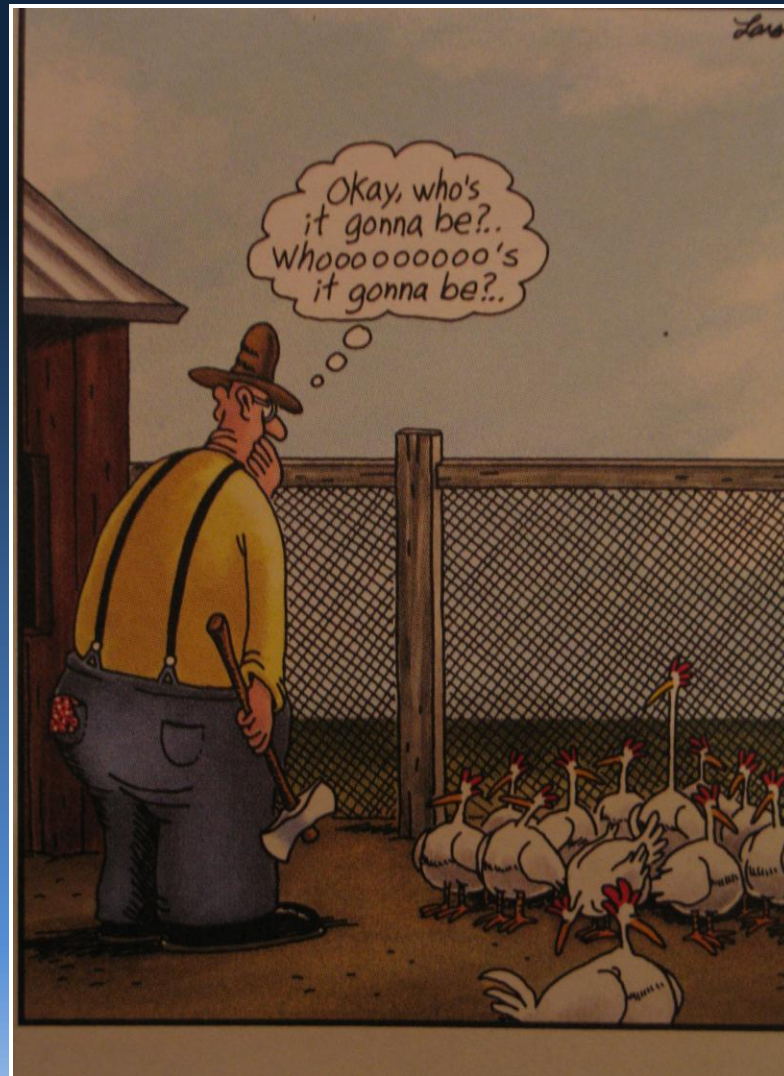
50 patients → 74% HPV+

83% of HPV+ pts had nodes, 44% had ECS

27% received post op RT

57% received post op CRT

Selection of patients suitable for TOLS/TORS





Prognostic Factors and Survival Unique to Surgically Treated p16+ Oropharyngeal Cancer

Bruce H. Haughey, MBChB, FRACS, FACS; Parul Sinha, MBBS, MS

Multivariate Cox Proportional Hazard Ratios for Disease-Free Survival in Models Based on Clinical T Stage.

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[†]Lost its significance in models with T stage.

HR = hazard ratio; CI = confidence interval; cT = clinical T stage; pN = pathological N stage, Rx = Therapy.

Pre-treatment selection of cases

- Proportion of patients upstaged Nodal stage to N2b+ on surgery → need RT or CRT

Clinical stage	Upstaged	Upstaged to N2b+
N0	6%	0
N1	50%	30%
N2a	25%	25%

N0 most likely to avoid RT or CRT

Pre-treatment selection of cases

- Proportion of patients with nodal disease who have ECS → need RT or CRT

Clinical stage	% ECS
N0	0%
N1	29%
N2	55%
N3	60%

Sinha, Cancer, 2012

N0 most likely to avoid RT or CRT

Pre-treatment selection of cases

- Patients with positive margins or >1 node likely to have RT/ CRT

Stage	% pos margins	% >1 node	% ECS	% soft tiss mets	% RT only	% CRT
Overall	7	56	80	52	43	40
T1	4	52	77	58	48	31
T2	7	58	76	55	47	42
T3	12	58	96	65	31	46
T4	14	64	92	67	29	64

T1 and T2 are most likely to avoid RT or CRT

Selection of cases most eligible for TORS/TOLS

Those most likely to avoid RT or CRT –
T1N0, T2N0, ?T1N1

Proportion of eligible patients who **underwent surgery**
in hands of an **enthusiast**

Stage	% of total cohort
T1N0	2%
T2N0	4%
T1N1	8%
T2N1	5%

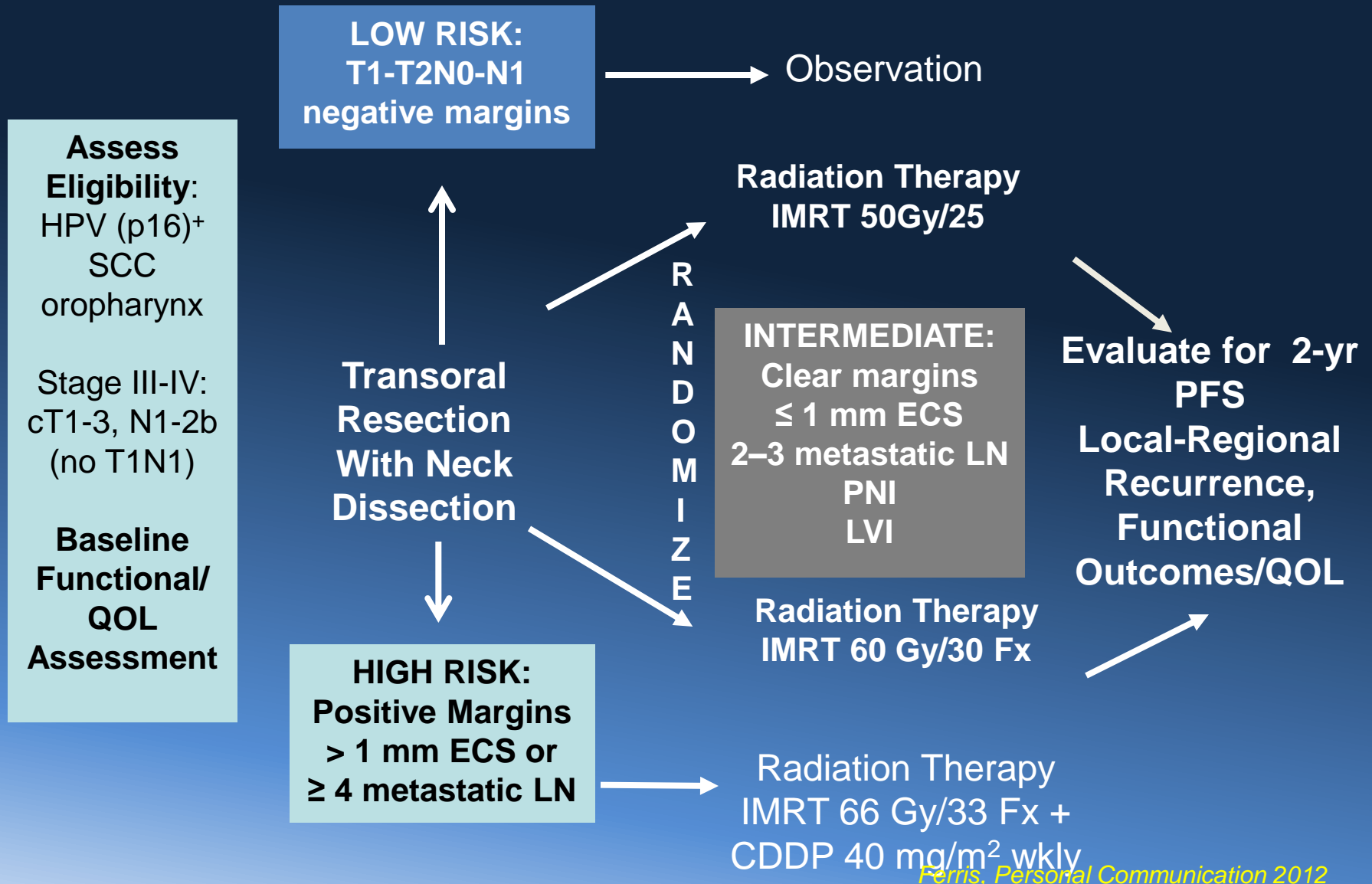
TOLS/TORS for low-risk HPV+ OPC

- Distant mets higher if treated with RT alone compared to CRT in N2b smokers, N2c and N3 disease
- Adjuvant treatment (RT/CRT) improves OS, DFS in TORS (Haughey 2012)
 - Removal of RT/CRT may be dangerous
- 40% get triple therapy (surgery+RT+chemo)
- Only 17% are spared adjuvant treatment
 - Need to identify them eg T1N0, T2N0

De-intensification

- Remove chemotherapy agent
- Do surgery
- Do surgery and reduce RT
- Less toxic chemotherapy agent

Proposed ECOG 3311 P16+ Trial – Low Risk OPSCC: Personalized Adjuvant Therapy Based on Pathologic Staging of Surgically Excised HPV+ Oropharynx Cancer





Post-operative adjuvant treatment for HPV-positive tumours **PATHOS**

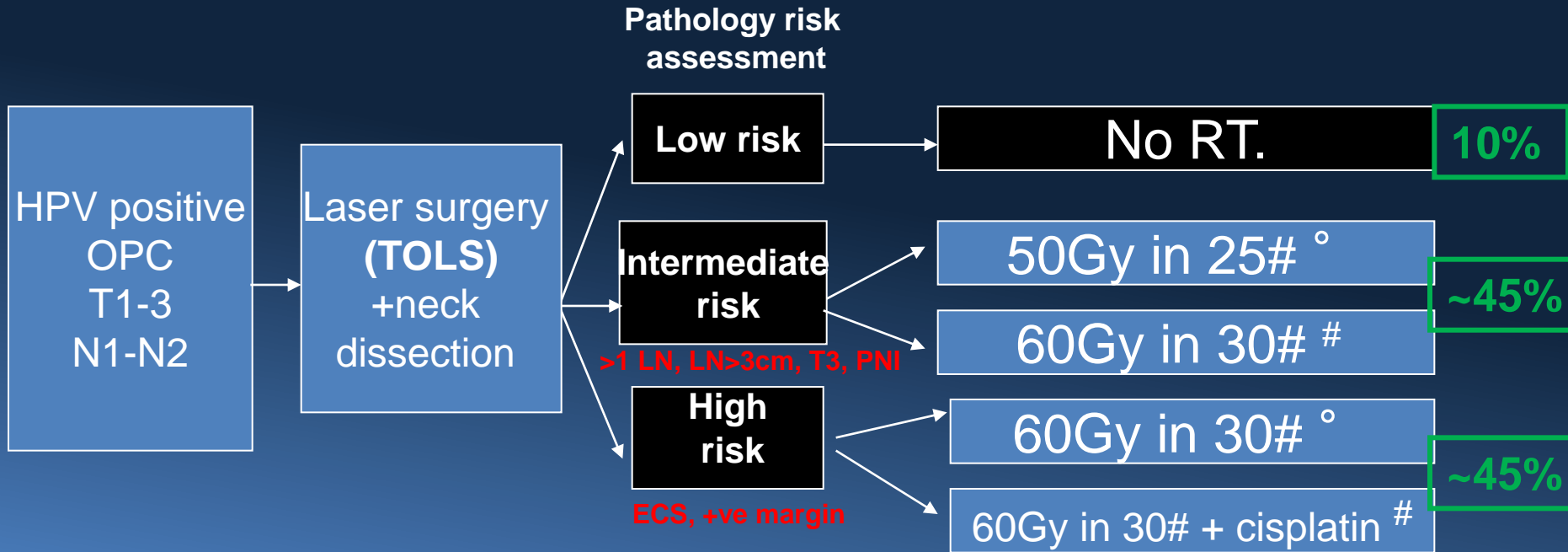
**Mererid Evans, Terry Jones, Max Robinson, Chris Hurt
Joanne Patterson, Kate Hutcheson**

H&N CSG 1st March 2013

PATHOS trial

Randomized, multicentre, phase II/III

◦ Test arm, #comparator



Endpoints: phase II – swallowing function; phase III – survival

De-intensification

- Remove chemotherapy agent
- Do surgery
- Do surgery and reduce RT
- Less toxic chemotherapy agent



De-ESCALaTE HPV



Determination of EGFR-inhibitor versus Standard CRT early And Late Toxicity Events in HPV – positive Oropharyngeal SCC

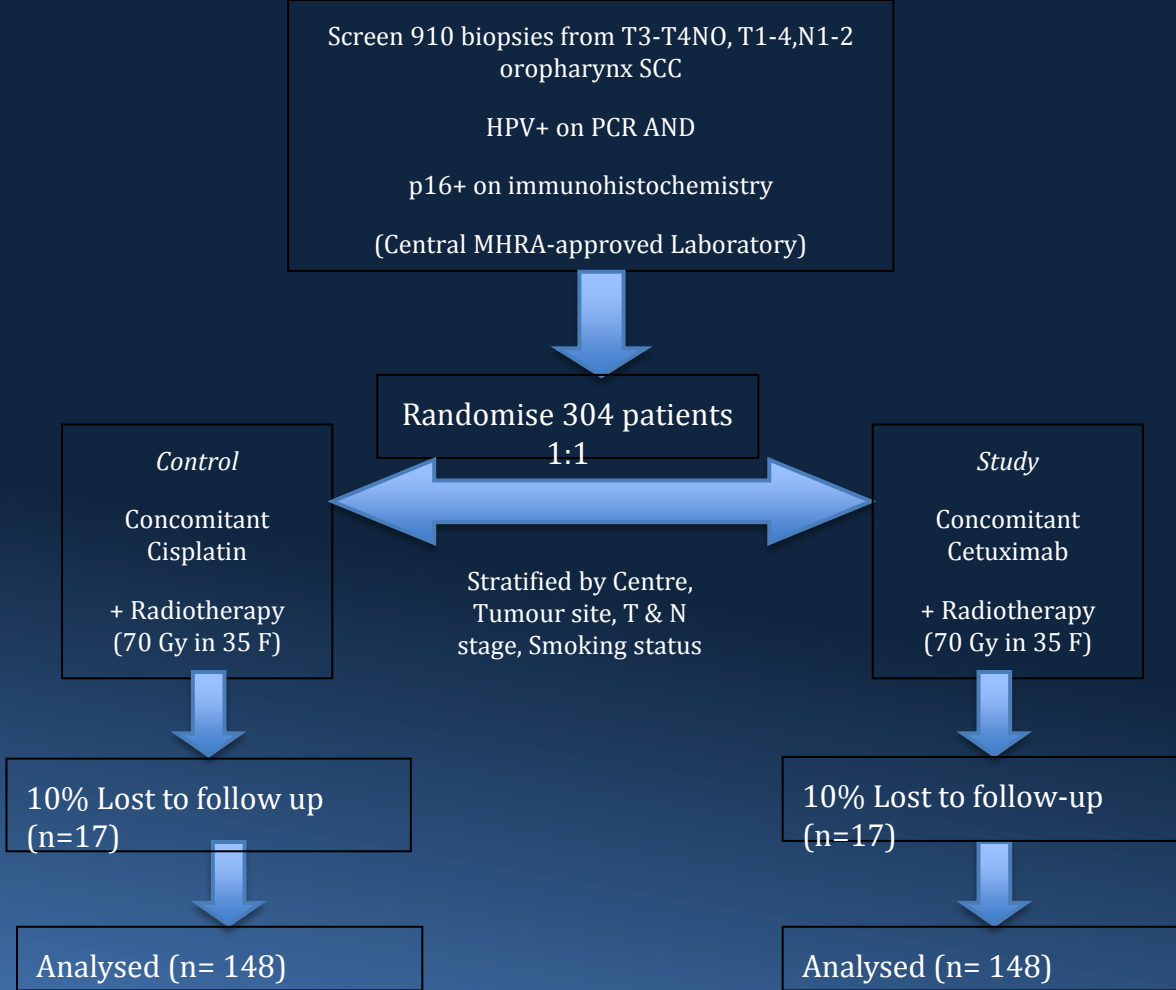
De-ESCALaTE HPV

CI: Hisham Mehanna



TEAM

- Chief Investigator: Hisham Mehanna
- CTU Lead: Janet Dunn
- CTU Trial Coordinator: Tessa Fulton-Lieuw
- Trial Statistician: Chris McConkey
- Nursing Advisor: Annie Young
- Pharmacy Advisor: Mojid Khan
- Translational Science Advisor: Catharine West
- Health Economics Advisor: Alastair Gray
- RT QA Lead: Chris Nutting
- RT Advisors: Mererid Evans & Andrew Hartley
- RT QA Physics Advisor: Margaret Bidmead
- HPV Diagnostics Advisor: Max Robinson
- Medical Oncology Lead: Martin Forster
- Oncology Advisor: Chris Boshoff
- RTTQA Co-ordinator: Liz Miles



Follow-up: 2 years

Primary outcomes:

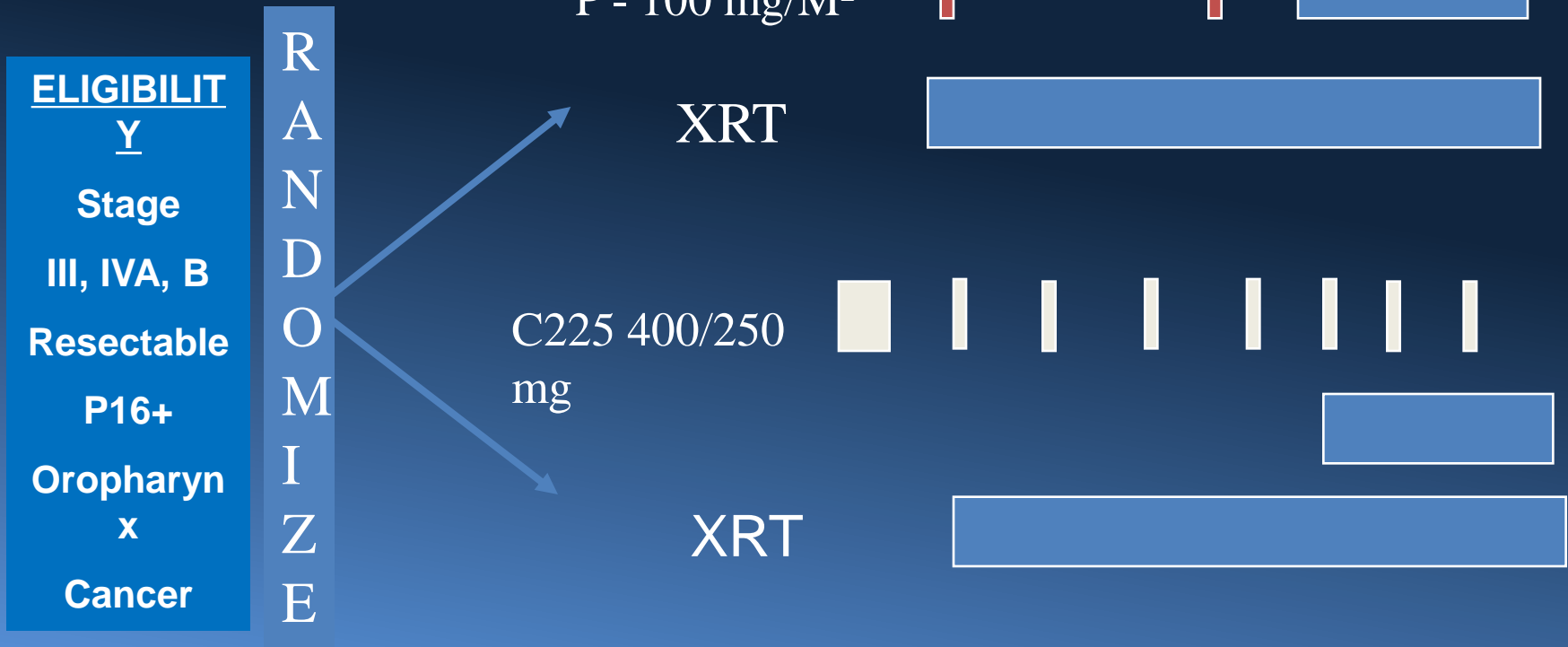
Severe Toxicity (Acute and Late) : using CTCAE grading, including *skin rashes*, mucositis

Secondary outcomes:

Health economics using EQ-5D, Early toxicity, Quality of life: using EORTC general and head neck specific modules, Swallowing: using MDADI questionnaire and gastrostomy - dependency rates, Mortality (cause of death), disease free survival, recurrence, metastases.

RTOG 1016: A Randomized Phase III Trial of Chemoradiotherapy With Cisplatin or Cetuximab in p16 Positive Oropharynx Cancer

Stratify: HPV, Smoking, Stage



**LOW and INT RISK
OPC**

CI: Trotti, Gillison

Low

3yr OS

**ONLY 20% OPSCC patients in most countries
Outside North America**





Interm

gn

**Vast majority of patients in most countries
Outside North America**

**Aim of management: better survival
→ Need to escalate treatment**

46.3% 20%

60%

Failure mainly locoregional

- Data from RTOG 0129.
- Differences in survival between the low, intermediate and high-risk groups:
 - mainly due to differences in 3 years LRC
 - Low risk: 90.4%,
 - Intermediate risk: 80.9%
 - High risk: 57.3%

Options for improving locoregional control

- Add induction chemotherapy
- Add more RT – intensification of RT?
- Add surgery
- Other regimens?



Comparing Alternative treatment Regimens for intermediate and high risk oropharyngeal cancer

CompARe

CI: Prof. Hisham Mehanna

University of Birmingham

Chief investigator:
Hisham Mehanna

National leads:

Arm 1: Mehmet Sen

Arm2: John Chester

Arm 3: Paul Sanghera

Arm 4: Vin Paleri

Arm 5: Martin Forster

RT QA:

Andrew Hartley (lead)

Hoda Booz

Andrew Chan

Tom Roques

CTU:

Claire Gaunt

Charlotte Firth

RTQA group: Liz Miles

Huiqi Yang Rada Zotova

Path: Max Robinson

Surgery QA: Jim McCaul

SAEs:

Bernie Foran – RT

Hoda Booz- RT

Anthony Kong - Chemo

Kevin Harrington - chemo

Statistics:

Cindy Billingham

Piers Gaunt

Deescalate liaison:

Janet Dunn

Health economics:

Andrew Sutton

Qualitative study:

Jenny Donovan

Marcus Jepson

CompARE

Population

Intermediate or high risk OPC, >18yrs, ECOG PS 0-1, Fit for surgery and chemotherapy.

RANDOMISE to ARMS 1-4 or ARMS 1-3 only

Stratify Intermediate vs High Risk & Centre.

Adjust for Site (Tonsil vs Base of Tongue) and Size (T1-3 vs T4) of tumour and nodes (N0-2A vs N2B-3)

Arm 1 (Control)
Concomitant
Cisplatin + IMRT

Arm 2: Induction
TPF + Arm 1

Arm 3: Cisplatin
Dose-escalated
IMRT

Arm 4:
Transoral Surgery
+ selective ND
+ Arm 1

Interim
stages (1yr
DFS)

Efficacy stage
(2yr OS)

Primary Outcome

Overall survival (2 years)

Secondary Outcomes

Disease free survival, Acute and Late severe toxicity using CTCAE,

QoL using EORTC QLQ-C30 & HN35, & MDADI (for swallowing),

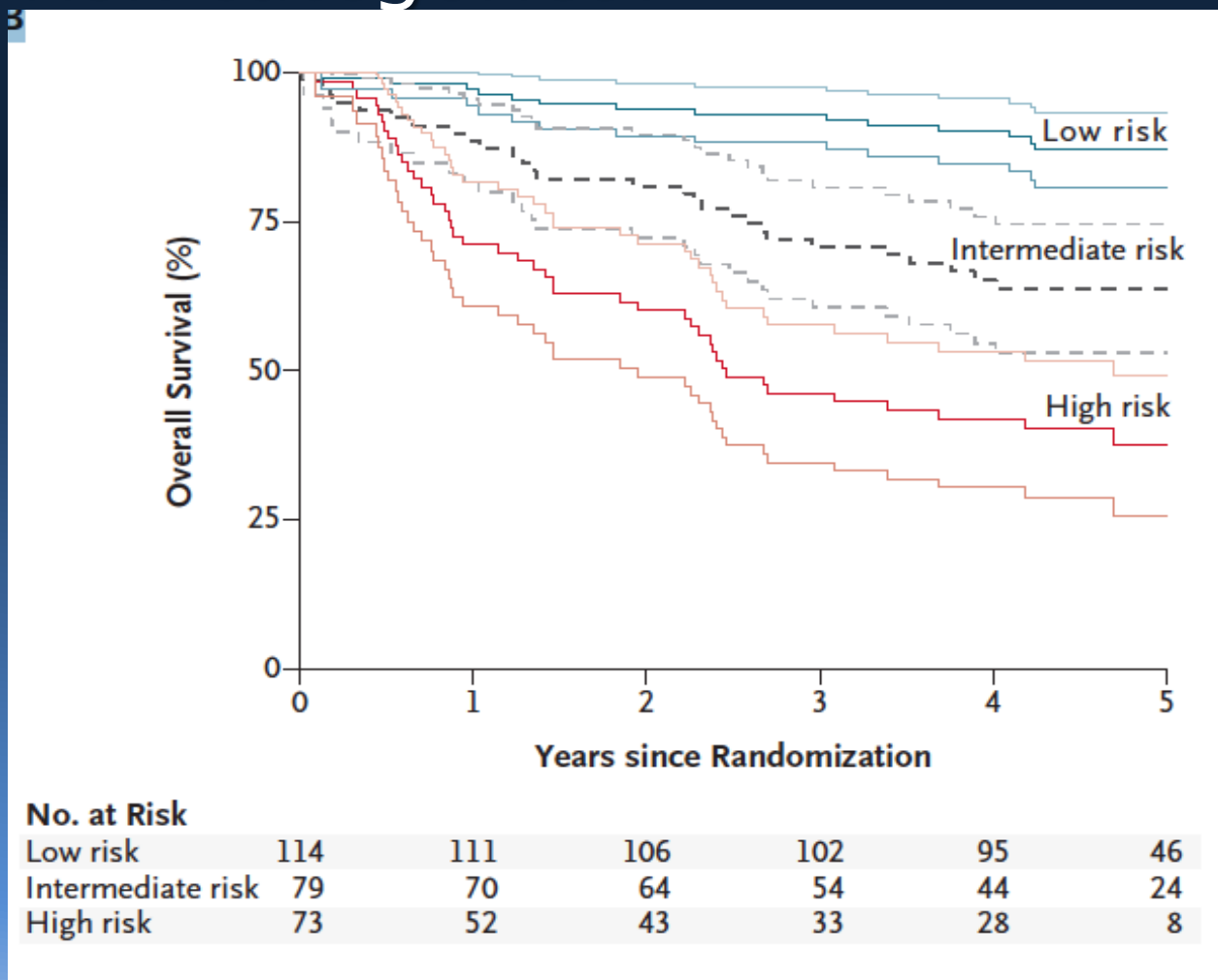
Cost-effectiveness using EQ-5D, Surgical complications, Molecular markers

Individualised treatment selection



Risk factors in the new age

3 risk categories:



Ang, NEJM, 2010

Biomarkers with prognostic effect

CLINICAL REVIEW

David W. Eisele, MD, *Section Editor*

Prognostic biomarkers of survival in oropharyngeal squamous cell carcinoma: systematic review and meta-analysis

James W. **Rainsbury**, MRCS,¹ Waseem Ahmed, MRCS,¹ Hazel K. Williams, PhD,² Sally Roberts, PhD,³ Vinidh Paleri, FRCS (ORL-HNS),⁴ Hisham Mehanna, FRCS (ORL-HNS)¹

¹Institute of Head and Neck Studies and Education (InHANSE), University Hospital, Coventry, United Kingdom, ²Department of Cellular Pathology, Queen Elizabeth Hospital, Edgbaston, Birmingham, United Kingdom, ³Institute of Cancer Research, University of Birmingham, Birmingham, United Kingdom, ⁴Department of Otolaryngology, The Newcastle-upon-Tyne Hospitals NHS, Foundation Trust, Newcastle, United Kingdom.

Biomarker classifiers to predict prognosis following treatment of oropharyngeal carcinoma

PredicTr-OPC

CI: Prof Hisham Mehanna
Institute of Head and Neck Studies and Education

CANCER RESEARCH UK



Conclusions

- HPV+OPSCC different disease entity with good prognosis
 - Need to study alternative treatments with less toxicity
 - Need to improve patients selection using treatment response classifiers

Conclusions

- Low risk HPV+OPSCC different disease entity with very good prognosis
 - Need to study alternative treatments with less toxicity
- Intermediate and high risk HPV+ OPSCC → poor prognosis
 - Need better treatments
- Need to further improve patients selection using treatment response classifiers

Do not change management of
OPSCC patients without
evidence

**Enroll your patients into
appropriate clinical trials**

Acknowledgements

- Prof Vin Paleri, Royal Marsden Hospital

The Team

- Clinical trials and effectiveness
 - Anjola Awofisoye
 - Alison Edmonds
 - Michelle Faupel
 - Matthew Kivell
 - Gemma Jones
 - June Jones
 - Paul Nankivell
 - Nyra Nyamayaro
 - Lucy Winterbottom
- Translational
 - Chris McCabe
 - Jo Parish
 - Davy Rapozo
 - Sally Roberts
 - Max Robsinon
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 - Gosia Wiench
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- Warwick CTU
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 - Jo Grummet
 - Chris McConkey
 - Dharmesh Patel
 - Joy Rahman
- Clinical
 - Andrew Hartley
 - Chris Jennings
 - Tim Martin
 - Jim Mccaul
 - Sat Parmar
 - Paul Pracy
 - Paul Sanghera
 - Kristien Boelart
 - Jayne Franklyn
 - John Watkinson
- NCRI Head Neck CSG

Patients

Collaborators



Institute of Head and Neck
Studies and Education

www.inhanse.org

Clinical trials and
effectiveness



Experimental and
translational medicine



Quality of life

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MACMILLAN.
CANCER SUPPORT**